

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Purity and Performance; No Pollutants.™

Premium, pure, third-party tested ingredients you can trust.



NO Sugar • NO Fillers • NO Gluten • NO GMO • NO Banned Substances • NO Artificial Colors, Flavors or Sweeteners.

How to Use

Mix 1-2 scoops with 2-3 oz of water or add to your favorite sport drink. PurePump® contains NO added ingredients or fillers and is bitter and best mixed in a shaker bottle with a squeeze of citrus. Consume 15 - 30 minutes before workout for optimal performance.*

Regular serving Extra boost, light training

What to Expect

Nutrition you need to perform at your best, delivering clean power and endurance to any workout.* Caffeine will provide a boost you can feel and Beta-Alanine may make your skin tingle.



Do Vitamins®

Pure Pre-Workout Formula

Unflavored

Dietary Supplement
Net Weight 228 Grams (8oz)

PurePump®

Supplement Facts

Serving Size: 2 Scoops (7.6g)

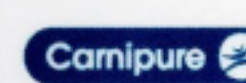
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin C (as Quali®-C Ascorbic Acid)	60 mg	67%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B6 (as Pyridoxine HCl)	10 mg	588%
Folate (Orgen-FA® Organic Lemon Peel)	400mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	50 mcg	2083%
CarnoSyn® Beta-Alanine	2000 mg	**
L-Citrulline (Kyowa Hakko)	2000 mg	**
Creatine Monohydrate (Creapure®)	1000 mg	**
L-Arginine (AjiPure®)	500 mg	**
L-Carnitine L-Tartrate (Camipure™)	500 mg	**
L-Leucine (AjiPure®)	500 mg	**
L-Isoleucine (AjiPure®)	250 mg	**
L-Valine (AjiPure®)	250 mg	**
Caffeine (from Green Tea Leaf Extract) (Camellia sinensis)	200 mg	**
Alpha Lipoic Acid (as Alipure®)	100 mg	**

**Daily Value not established.

Other Ingredients: None.

Contains **NO**: wheat, gluten, soy, dairy, preservatives, or artificial sweeteners/colors/flavors.
Suitable for **vegans and vegetarians**.



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WARNING: Do not use if pregnant, nursing, or under the age of 18. Do not exceed 3 scoops in 24 hours. Consult your health care practitioner before taking this or any dietary supplement, especially if you have or suspect you may have a medical condition, or are taking any medications. Immediately discontinue use and call your health care provider if you experience any adverse effects. KEEP OUT OF REACH OF CHILDREN.

This product contains caffeine. May not be appropriate for caffeine sensitive individuals. Do not consume with any other stimulants. Assess your tolerance by taking one scoop and, if well tolerated, gradually increase the dose.

Use within 60 days of opening. Store in a cool, dry place. Do not eat freshness packet; keep in bottle.



Manufactured in a cGMP facility

dovitamins.com

@dovitamins

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