Directions: Take two or more capsules daily with meals.

Raw Black Seed *Plus* is a powerful formula for supporting a healthy heart, arterial, immune, and digestive response.* A natural source of minerals, including iron, zinc, calcium, magnesium, potassium, and chromium, plus trace minerals and polyphenols, Black Seed *Plus* is one of the most aromatic spice complexes known, ideal for overall health support.* It is so tasty you can open the capsule and add it to your food.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Mfd. for North American Herb & Spice 13900 W. Polo Trail Drive, Lake Forest, IL 60045 1-800-243-5242 • 1-847-473-4700 Www.oreganol.com



Supplement Facts

Serving Size 2 capsules Servings per container 45

	Amount Per Serving	% Daily value
Proprietary blend	1400 mg	
Mediterranean-source black seed		*
Mediterranean-source brown cumin		*
Red sour grape powder		*
Rhus coriaria powder		*
*Daily value not estab	olished	

Other ingredients: cellulose (vegi-capsule) (100% GMO free) Contains no animal products

