

**Directions:** Take one or more teaspoonfuls daily. Makes a tasty addition to any food such as salad, soup, or vegetables. Also add to smoothies. Shake well.

Black Seed Oil Cardio-PLUS is a powerful, natural, Mediterranean complex containing freshly cold-pressed black seed oil, sour pomegranate, and muscadine grape skin concentrate which support a healthy heart and artery response.\* A natural source of thymoquinone, it's the most potent of all oils for supporting a healthy cardiac system, blood pressure, lungs and bronchial.\* Black Seed Oil Cardio-PLUS is the ideal heart health-supporting oil plus flavonoids complex.\* It's potent to the extreme.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

North American  
Herb & Spice

Freshly cold-pressed



Raw  
**Black Seed Oil**  
**Cardio-PLUS**

With real muscadine & pomegranate

8 FL. OZ. (240 ML)

Dietary Supplement

## Supplements Facts

Serving Size: 1 tsp. (5g)  
Servings Per Container: 48

| Amount Per Serving                 | % Daily Value        |
|------------------------------------|----------------------|
| Calories 50                        | Calories from fat 45 |
| <b>Total Fat</b> 5g                | 7.5%                 |
| Saturated Fat 1g                   | 5%                   |
| Trans Fat 0g                       | 0%                   |
| <b>Black Cumin (seed) Oil</b> 4.9g | *                    |
| <b>Thymoquinone</b> 38mg           |                      |
| <b>Omega-6</b> 2.6g                | 50%                  |
| <b>Omega-9</b> 1.2g                | 25%                  |

Percent daily values are based on a 2,000 calorie diet.  
\*Daily value not established

**Ingredients:** 100% cold-pressed extra virgin black cumin seed oil (*Nigella sativa*), pomegranate syrup, muscadine syrup.

Guaranteed Non-GMO

Mfd. for North American Herb & Spice  
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