



BUCKED UP

STAG

MULTIVITAMIN

VITALITY • IMMUNITY •
MUSCLE FUNCTION

DIETARY SUPPLEMENT
60 Capsules

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving		% DV
Vitamin A (as Beta Carotene)	5 000 IU	100%
Vitamin C (Ascorbic Acid)	100mg	167%
Vitamin D3 (as Cholecalciferol)	2,000 IU	500%
Vitamin E (as D-Alpha Tocopherol)	30 IU	30%
Thiamine (as Thiamine Mononitrate)	15mg	1,000%
Riboflavin (Vitamin B2)	20mg	1,176%
Vitamin B6 (as Pyridoxal 5-Phosphate)	10mg	500%
Folate (as Calcium 5-Methyltetrahydrofolate)	200mcg	50%
Vitamin B12 (as Methylcobalamin)	250mcg	4,167%
Biotin	300mcg	100%
Pantothenic Acid (as D-Calcium Pantothenate)	50mg	500%
Calcium (as Calcium AAC)	121mg	12%
Iron (as Ferrous Fumarate)x	65mg	361%
Iodine (as Iodine AAC)	150mcg	100%
Magnesium (as Magnesium AAC)	200mg	50%
Zinc (as Zinc AAC)	15mg	100%
Selenium (as L-Selenomethionine)	35mcg	50%
Copper (as Copper AAC)	1mg	50%
Chromium (as Chromium Polynicotinate)	120mcg	100%

* Daily Value not established

Other Ingredients: Veggie Capsules, Rice Flour, Magnesium Stearate