

Directions: Take two or more capsules daily with meals.

Raw Black Seed is cold-pressed from *Nigella sativa* seeds to produce a luscious, nutritionally dense oil rich in vitamin E, sterols, sterolins, melanin, plus omega-6s, and omega-9s, providing powerful support for a natural digestive response.* Its dense content of thymoquinone provides support for a healthy heart, arterial, and lung response as well as liver and immune support.* Take your raw Black Seed capsules daily to support an overall healthy body response.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Mfd. for North American Herb & Spice
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Spice Oil Enhanced

North American Herb & Spice

Raw

HEART HEALTHY OIL*

Black Seed

Supports a healthy digestive response*

Healthy metabolic support*

Thymoquinone-rich

90 Softgels

Dietary Supplement

Supplement Facts		
Serving Size 2 softgels		
Servings per container 45		
	Amount Per Serving	% Daily value
Proprietary blend	2000 mg	
Extra virgin black seed oil		*
Cumin seed essential oil		*
Fennel seed essential oil		*
Wild, organic oregano oil		*
*Daily value not established		

Other ingredients: non-GMO fish gelatin (capsule)
100% GMO free

