Purity and Performance; No Pollutants.™

Premium, pure, third-party tested ingredients you can trust.





NO Sugar · NO Fillers · NO Gluten · NO GMO · NO Banned Substances · NO Artificial Colors, Flavors or Sweeteners.

How to Use

Take 1 - 2 scoops after training. Flavor as desired; mix with your favorite juice, sports drink or protein powder. PostPump® contains NO added ingredients or fillers and is best mixed in a shaker bottle.

For best results, use Do Vitamins® PurePump® before your workout and PostPump® after.

What to Expect

Nutrition you need for optimal recovery. PostPump® supports muscle growth, reduces muscle soreness, builds strength and power, improves anaerobic endurance, and speeds recovery between workouts.*



















Do Vitamins

Pure Post-Workout Recovery

Unflavored

Dietary Supplement Net Weight 232.5 Grams (8.2oz)

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Supplement Facts

Serving Size: 2 Scoops (7.75g) Servings Per Container: 30

Amount Per Serving %Daily Value		
Creatine Monohydrate (Creapure*)	3000 mg	**
L-Leucine (AjiPure*)	1500 mg	**
Betaine Anhydrous (BetaPower™)	1250 mg	**
L-Isoleucine (AjiPure*)	750 mg	**
L-Valine (AjiPure*)	750 mg	**
L-Carnitine L-Tartrate (Carnipure™)	500 mg	**

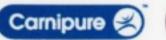
Other Ingredients: None.

Contains NO: wheat, gluten, soy, milk, egg, shellfish, preservatives, or artificial sweeteners/colors/flavors.

Suitable for vegans and vegetarians.

**Daily Value not established.





Creapure® is a registered trademark of AlzChem AG. Carnipure™ and the Carnipure™ logo are trademarks of Lonza Ltd. Aipure® is a registered trademark of Ajinomoto Co.

- ✓ Support Muscle Growth*
- ✓ Reduce Muscle Soreness*
- ✓ Build Strength and Power*
- Improve Anaerobic Endurance*
- Speed Recovery Between Workouts*

WARNING: Do not use if pregnant, nursing, or under the age of 18. Do not exceed recommended dose. Consult your health care practitioner before taking this or any dietary supplement, especially if you have or suspect you may have a medical condition, or are taking any medications. Immediately discontinue use and call your health care practitioner if you experience any adverse reaction. KEEP OUT OF REACH OF CHILDREN.

Use within 60 days of opening. Store in a cool, dry place. Do not eat freshness packet; keep in bottle.



Manufactured in a cGMP facility

dovitamins.com

@dovitamins

