

SOURCE NATURALS®



DIETARY SUPPLEMENT

MELATONIN

1 MG • 200 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 66

	Amount Per Serving	%DV
Calcium	123 mg	10%
Melatonin	3 mg	†

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, and colloidal silicon dioxide.

Suggested Use: 1 to 3 tablets at bedtime. Do not take more than 5 tablets daily unless recommended by your physician.

STORE IN A COOL, DRY PLACE.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or pregnant or breast-feeding women. If you are under medical supervision, or

have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult your physician before taking this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians and **HYPoALLERGENIC:** contains no yeast, dairy, egg, gluten, corn, soy, or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

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