

BODYBUILDERS

MULTI-VITAMIN

292
GRAMS

Health⁺ | Immunity⁺ | Optimisation⁺

NATIONAL
BODYBUILDING
CO.

60 CAPSULES
DIETARY SUPPLEMENT



SUPPLEMENT FACTS

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value*
Vitamin A (as Beta-Carotene)	600mcg RAE	67%
Vitamin C (as Ascorbic Acid)	150mg	167%
Calcium (as Calcium Carbonate)	50mg	4%
Vitamin D (as Cholecalciferol)	10mg	50%
Vitamin E (as DL-Alpha Tocopherol Acetate)	13.5mg	90%
Vitamin B1 (as Thiamine Mononitrate)	7mg	583%
Vitamin B2 (as Riboflavin)	7.5mg	577%
Vitamin B3 (as Niacin)	30mg NE	188%
Vitamin B6 (as Pyridoxine HCl)	7.5mg	167%
Folate	667mcg DFE	167%
Vitamin B12 (as Cyanocobalamin)	27mcg	1125%
Biotin	300mcg	1000%
Vitamin B5 (as D-Calcium Pantothenate)	10mg	200%
Magnesium (as Magnesium Oxide)	50mg	12%
Zinc (as Zinc Oxide)	15mg	138%
Selenium (as Selenium Amino Acid Chelate)	30mcg	55%
Copper (as Copper Gluconate)	2mg	222%
Manganese (as Manganese Amino Acid Chelate)	2mg	87%
Chromium (as Chromium Picolinate)	120mcg	343%
Molybdenum	75mcg	167%
Male Support	170mg	**
Lutein, Lycopene (Lycopersicon esculentum)(fruit), Stinging Nettle Extract (Urtica dioica)(root), Saw Palmetto (Serenoa repens)(fruit)		
Immune Support	110mg	**
Echinacea Extract (Echinacea purpurea)(aerial), Beta Glucan (Saccharomyces cerevisiae), Spirulina (Arthrospira platensis) (whole plant), Garlic (Allium sativum)(bulb)		
Male Support	190mg	**
Green Tea Extract (Camellia sinensis)(leaf), Hawthorn Berries (Crataegus pinnatifida), Cinnamon Bark Extract (Cinnamomum cassia), Bilberry Fruit Extract (Vaccinium myrtillus), Grape Seed Extract (Vitis vinifera L.), Black Currant Fruit Extract (Ribes nigrum), Pomegranate Fruit Extract (Punica granatum)		

* Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule), Rice Flour, Magnesium stearate, Silicon dioxide