

Doctor's BEST®

Science-Based
Nutrition™

SAM-e 200mg

HELPS SUPPORT MOOD AND
NEURAL FUNCTION*

HELPS SUPPORT JOINT COMFORT
AND MOBILITY*

HELPS SUPPORT LIVER HEALTH
AND DETOXIFICATION*

Dietary
Supplement

60 Enteric Coated Tablets



Supplement Facts

Serving Size 1 Tablet
Servings Per Container 60

	Amount Per Serving	% Daily Value
SAM-e	200 mg	†
(S-Adenosyl-L-Methionine disulfate p-toluenesulfonate)		

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, magnesium silicate, flake shellac de-waxed, magnesium stearate (vegetable source), stearic acid, magnesium hydroxide, glycerol, silica, arginine base, sodium alginate, calcium oxide.

Suggested Adult Use: Take 1 tablet twice daily between meals, or as recommended by a nutritionally informed physician. Do not chew or crush tablet.

WARNING: Individuals using antidepressant medications should consult with their prescribing physician prior to using this product. Individuals diagnosed with bipolar disease or manic depression should avoid supplementing with SAM-e. Do not use if pregnant or nursing. May cause gastrointestinal discomfort in a small percentage of people.

Non-GMO / Gluten Free / Soy Free / Vegetarian

Store in a cool dry place.

SAM-e is sealed in blister packs for freshness and stability.

Manufactured for **Doctor's Best, Inc.**
California, 92612 USA
(800) 777-2474
www.drbvitamins.com

Doctor's Best SAM-e helps replenish your SAM-e levels and promote a healthy mood.* SAM-e (S-Adenosyl-L-Methionine) is naturally produced by your body and helps maintain healthy emotions. Various factors such as diet and aging can cause low levels of SAM-e, leaving you feeling unbalanced and moody.

Supplementing with SAM-e

Soloesse® Italian SAM-e is processed to yield the highest available percentage of the active pure S,S form which helps mediate biochemical activity in the human body.*

SAM-e and Mood and Cognitive Function

SAM-e helps facilitate DNA enzymatic actions. These enzymatic actions are required for the healthy conversion of neurotransmitters responsible for healthy emotions, such as serotonin and dopamine. SAM-e also facilitates glutathione usage which improves the body's antioxidant defense and helps maintain acetylcholine levels necessary for cognitive function.*

SAM-e and Joint Function

In clinical trials, SAM-e has been shown to help increase joint comfort and mobility by promoting the synthesis of proteoglycans, essential components of connective tissue.*

SAM-e and Liver Function

SAM-e helps support healthy levels of glutathione, a critical antioxidant which helps protect against free radicals. SAM-e acts as a methyl donor in the synthesis and formation of phosphatidylcholine and L-cysteine, both necessary for maintaining liver health.*

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Science-Based Nutrition™

Doctor's Best utilizes only the highest quality Italian Soloesse® SAM-e providing slow and targeted release for improved GI tolerance and absorption. Our SAM-e 200 contains 200mg of active Soloesse® SAM-e in each tablet. This ensures that you receive the most potent SAM-e product with the highest percentage of the active S,S form per serving.*

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