

Doctor's Best Collagen Types 1 and 3 contains hydrolyzed collagen protein (BSE-Free), which contributes to the growth and maintenance of healthy tissues.* Collagen is the structural protein essential for the strength and flexibility of bones, joints, tendons, ligaments, hair, skin, nails, and other tissues throughout the body.*

Vitamin C is added to the formula as an important nutrient required for collagen synthesis by the body.*

Helps support healthy hair, skin, and nails*

Helps support the strength and flexibility of bones, joints, tendons and ligaments*

Provides improved bioavailability due to the low molecular weight of component peptides*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Collagen Types 1 and 3 with Peptan and Vitamin C

**ESSENTIAL STRUCTURAL SUPPORT FOR HAIR,
SKIN, NAILS, TENDONS, LIGAMENTS, AND BONES***

Dietary
Supplement

1000 mg • 180 Tablets

YDRB204-7



Supplement Facts

Serving Size 3 Tablets

Servings Per Container 60

Amount Per Serving	% Daily Value
Vitamin C (as calcium ascorbate) 30 mg	33%
Hydrolyzed Collagen(Peptan®) Types 1 and 3 3 g (3000 mg) †	

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate (vegetable source), stearic acid, coating (purified water, hypromellose).

Suggested Adult Use: Take 3 tablets twice daily on an empty stomach, at least 30 minutes before meals, or as recommended by a nutritionally informed physician. To ensure optimal collagen absorption, avoid taking additional protein supplements within one hour of consumption.

Manufactured for **Doctor's Best, Inc.**
California, 92612 USA
(800) 777-2474

Non-GMO / Gluten Free / Soy Free
BSE-Free Hydrolyzed Collagen Types 1 and 3
Store in a cool dry place.

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drbvitamins.com

