

Doctor's Best L-Theanine contains Suntheanine®, the purest form of L-Theanine on the market produced via a patented process that mimics the natural process in green tea leaves.* L-Theanine helps promote a healthy mood and a restful relaxed state while maintaining daytime alertness.*

Helps promote a relaxed state without drowsiness*

Helps ease stress and occasional nervous tension*

Helps promote a healthy mood and alertness*

Helps diminish normal symptoms of pre-menstrual syndrome (PMS)*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Doctor's
BEST®

**Science-Based
Nutrition™**

L-Theanine with Suntheanine®

**HELPS PROMOTE RELAXATION
WITHOUT DROWSINESS***
HELPS EASE STRESS AND TENSION*



**Dietary
Supplement**

150 mg • 90 Veggie Caps

Supplement Facts

Serving Size 1 Veggie Capsule
Servings Per Container 90

	Amount Per Serving	% Daily Value
L-Theanine (Suntheanine®)	150 mg	†

† Daily Value not established.

Other Ingredients: Microcrystalline cellulose, hypromellose (vegetarian capsule), silicon dioxide.

Suggested Adult Use: Take 1 capsule daily without food, or as recommended by a nutritionally informed physician.

WARNING: Not recommended for individuals who are pregnant and nursing.

Non-GMO / Gluten Free / Soy Free / Vegan
Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**
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