

Choline is part of the B-Complex vitamins and is critical for the optimal functioning of cells. Choline is an essential precursor to acetylcholine, a stimulatory neurotransmitter. It helps the body produce HDL (good) cholesterol and lipotropic agents which convert fat into useful products.† Certain research publications indicate that Choline Bitartrate may help support the following:

- Supports healthy brain & cellular function.†
- Supports nerve & liver health.†
- Supports mental acuity & energy.†

SUGGESTED USE: As a dietary supplement, take one (1) tablet twice daily, preferably at mealtime, or as directed by your qualified healthcare professional.

Keep out of the reach of children.
Do not use if safety seal is broken or missing.
Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

 **MADE IN USA**



Best Naturals®

Choline Bitartrate

Premium Formula

650 mg

3rd Party Lab Tested

180 TABLETS

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 180

	Amount Per Serving	%Daily Value
Choline (from 650 mg of choline bitartrate)	265 mg	48%

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silicon Dioxide, Pharmaceutical Glaze.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

Manufactured for Best Naturals,
PO Box 394, Kenilworth NJ 07033 USA
www.shopbestnaturals.com
for additional information call 1-877-659-6004
Lot# Exp#

