

Recommended Use: As a dietary supplement, take 3 capsules daily with 8-12 oz of water or as directed by your healthcare professional.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Glucomannan

Konjac Root Extract

1,800MG | **180** | **60**
per serving | capsules | servings



180 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 3 Capsules
Servings Per Container: 60

Amount Per Serving	%DV*
Calories	10
Total Carbohydrates	2g <1%
Dietary Fiber	2g 7%
Glucomannan (from konjac root extract) (<i>Amorphophallus konjac</i>)(root)	1,800mg **

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Capsule (gelatin), rice flour, stearic acid, magnesium stearate (vegetable source), silicon dioxide.

