

Cascara Sagrada also known as sacred bark was first introduced to Spanish explorers during the 16th century by North American Indians. As an herbal ingredient, Cascara Sagrada has a mild laxative effect due to the natural constituents that induce contractions in the large intestines.† Certain research publications indicate that Cascara Sagrada may help support the following:

- › Supports digestive and colon health.†
- › Supports regular bowel movements.†

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

 **MADE IN USA**



Best Naturals®

Cascara Sagrada

Premium Formula

450 mg

3rd Party Lab Tested

250 CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 125

| | Amount Per Serving | %Daily Value |
|--|--------------------|--------------|
| Cascara Sagrada (<i>Rhamnus purshiana</i>) (Bark) | 900 mg | * |

*Daily Value not established.

Other Ingredients: Capsule (bovine gelatin), Silicon Dioxide, Magnesium Stearate (vegetable source).

SUGGESTED USE: As a dietary supplement, take two (2) capsules one to two times daily, with water or juice on an empty stomach. Consider taking this product in combination with Best Naturals Psyllium Husk and Aloe Vera.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Manufactured for Best Naturals,
PO Box 394, Kenilworth NJ 07033 USA
www.shopbestnaturals.com

For additional information call: 1-877-659-6004

Lot#

Exp#

