

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS: Take 5 tablets daily with food.



Crush It!

>> Protect from heat, light and moisture.
>> Store at 10-25°C (50-77°F)

'These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.'

⚠ WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer. For more information, go to www.P65Warnings.ca.gov.



CORE NUTRITIONALS®

CALCIUM MAGNESIUM CITRATE

BUILD⁺ | SUPPORT⁺ | BALANCE⁺

DIETARY SUPPLEMENT
250 TABLETS

Supplement Facts

Serving Size: 5 tablets

Servings Per Container: 50

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	1000mg	77%
Magnesium (as magnesium oxide, magnesium citrate)	500mg	119%

DV = Daily Value

OTHER INGREDIENTS:

Stearic Acid, Microcrystalline Cellulose,
Croscarmellose Sodium, Silicon Dioxide,
Magnesium Stearate, Vegetable Protein Glaze.

Manufactured in a U.S. cGMP Facility.
Distributed by: Core Nutritionals, LLC, Statesville, NC 28625
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