

**WARNING:** This product is only intended to be consumed by healthy individuals 18 years of age or older. This product is not recommended for pregnant or nursing women. Before using this product, consult with your physician, especially if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of the reach of children. Store in a cool, dry place.

**DIRECTIONS:** Take 1-2 scoops (5000-10000 mg or 5-10 g) in between meals. Best used before, during, or immediately after a workout.

 **Crush It!**<sup>®</sup> >> Protect from heat, light and moisture.  
>> Store at 10-25°C (50-77°F)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CORE NUTRITIONALS<sup>®</sup>

# BCAA

REBUILD<sup>†</sup> | RESTORE<sup>†</sup> | REFRESH<sup>†</sup>

DIETARY SUPPLEMENT

NET WEIGHT 11.2 OUNCES (318 GRAMS)

## Supplement Facts

Serving Size: 1 scoop (5300 mg)

Servings Per Container: 60

|                                       | Amount<br>Per Serving | % Daily<br>Value |
|---------------------------------------|-----------------------|------------------|
| Branched-Chain<br>Amino Acids (BCAAs) | 5000 mg               | **               |
| L-Leucine                             | 2500 mg               | **               |
| L-Isoleucine                          | 1250 mg               | **               |
| L-Valine                              | 1250 mg               | **               |

\*\*Daily value not established.

Manufactured in a U.S. cGMP Facility.  
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