



110

CALORIES

25g

PROTEIN

1g

CARBS

DIRECTIONS: Mix 1 level scoop to 8oz. of water, non-fat milk or beverage of your choice. Enjoy.

Supplement Facts

Serving Size: 1 scoop (28.4g)
Servings Per Container: 32

Amount Per Serving	%Daily Value
Calories 110	
Total Fat 5g	1%
Saturated Fat .5g	3%
Trans Fat 0g	---
Cholesterol 13mg	4%
Sodium 66mg	3%
Total Carbohydrate 1g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	---
Protein 25g	50%
Whey Protein Isolate 25g	50%
Calcium 100mg	2%
Iron 100mcg	1%
Potassium 93mg	3%

Typical Amino Acid Profile

Amino Acid	Amount Per Serving
Alanine	1,229 mg
Arginine	676 mg
Aspartic Acid	2,965 mg
Cysteine	513 mg
Glutamic Acid	4,343 mg
Glycine	446 mg
Histidine	435 mg
Isoleucine	1,400 mg
Leucine	2,638 mg
Lysine	2,315 mg
Methionine	909 mg
Phenylalanine	705 mg
Proline	1,414 mg
Serine	1,249 mg
Threonine	1,057 mg
Tryptophan	406 mg
Valine	719 mg
Whey Protein Isolate	1,426 mg

* Percent daily values are based on a 2,000 calorie diet.
** Percent daily value not established.

Ingredients: Non-GMO Micro Filtered Whey Isolate, Natural Flavors, Karitin Gum, Stevia.

Contains milk and soybean lecithin. Produced in a facility that also processes peanuts, tree nuts, wheat, and eggs.

Manufactured & Distributed by: ABC Nutrition
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* These ingredients have been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

* **Warnings:** Consuming this product may impact your cholesterol, triglyceride levels and blood sugar levels. It is not intended to be used as a meal replacement. It is not intended to be used as a substitute for a balanced diet. It is not intended to be used as a substitute for a balanced diet. It is not intended to be used as a substitute for a balanced diet.



Why Whey Isolate?

ISOLATE	VS.	CONCENTRATE
90% - 100% PURETY		70% - 80% PURETY
FAST ABSORPTION		AVERAGE
LOW CARBS, SUGARS & FATS		MODERATE
0% LACTOSE (SUGAR)		10% LACTOSE

100% MICRO FILTERED WHEY
Micro Filtration removes fat, lactose, & cholesterol



ABOUTIME

WHEY PROTEIN ISOLATE



VANILLA

AT

DIETARY SUPPLEMENT
NET WT. 2LBS (908G)



ALL-NATURAL, FAST-ABSORBING 100% WHEY PROTEIN ISOLATE

At AboutTime®, we do not believe in sacrificing one good thing for another. We want it all! That's why we develop products that stand for great quality AND taste. In addition, we appreciate simplicity which is why our protein powder has simple ingredients that you can actually pronounce.

QUALITY PRODUCTS MADE IN USA

AboutTime® uses micro-filtered 100% whey protein isolate for each and every delicious serving of our two pound (2lb) Protein Jars. Each serving is only 110 calories with 1g of carbs and contains 25g of protein.

- SWEETENED WITH STEVIA
- NO ARTIFICIAL SWEETENERS
- LACTOSE FREE
- GLUTEN AND SOY FREE

THE ABOUTTIME® CORE VALUES

AboutTime® is blended and packaged at our own facility in Pittsburgh, PA and we source our whey from dairy farms in the United States of America.