

Burdock Root (*Arctium lappa*) is a biennial herb native to Europe and Asia. It is a popular herb in traditional folk medicine, and is still consumed in Japan as a vegetable called "gobo". It is rich in vitamin B-6, calcium, chlorogenic acid, flavonoids, iron, inulin, lactone, mucilage, polyacetylenes, potassium, resin, tannin, and taraxosterol. Burdock root is commonly used in combination with Red Clover, Yellow Dock and Dandelion.† Certain research publications indicate that it may help support the following:

- Supports healthy immune system.†
- Supports healthy nervous system.†

SUGGESTED USE: As a dietary supplement, take two (2) capsules two to three times daily, preferably with meals. Consider taking this product in combination with Best Naturals Iron.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **MADE IN USA**



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Burdock Root

Premium Formula

425 mg

3rd Party Lab Tested



180 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 90

	Amount Per Serving	%DV*
Burdock (<i>Arctium lappa</i>) (Root)	850 mg	*

*%Daily Value **Daily Value not established.

Other Ingredients: Capsule (bovine gelatin), Magnesium Stearate (vegetable source), Silicon Dioxide.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Corn, No Soy, No Egg, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Manufactured for Best Naturals,
PO Box 394, Kenilworth NJ 07033 USA

www.shopbestnaturals.com

For additional information call 1-877-659-6004

Lot#

Exp#

