

Brewer's yeast is a natural source of protein, several B-vitamins and minerals. It is produced by cultivation of *Saccharomyces cerevisiae* on malted barley in the production of beer. After fermentation, the yeast is separated from the beer, roller dried and debittered. Brewer's yeast is a general body tonic and nutrient dense food for all ages.* Certain research publications indicate that Brewer's Yeast may help support the following:

- Supports healthy glucose metabolism*
- Natural source of protein and several B-vitamins*

SUGGESTED USE: As a dietary supplement, take two (2) tablespoons (30 g) daily. May be sprinkled on cereals, salads or incorporated into stews, soups, sauces, gravies, juices or baked goods.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

- Keep out of the reach of children.
- Do not use if safety seal is broken or missing.
- Keep in cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **MADE IN USA**



Brewer's Yeast

Premium Formula



Pure Powder

3rd Party Lab Tested

1 LB (454 GM)

DIETARY SUPPLEMENT

Supplement Facts

Serving size: 2 tablespoons (30 g)
Servings per container: 15

	Amount per serving	% Daily Value
Calories	115	
Calories from fat	10	
Total Fat	1 g	2%
Total Carbohydrate	13 g	5%
Dietary Fiber	7 g	25%
Sugars	4 g	*
Protein	13 g	27%
Brewer's Yeast	30 g	*

Typical Vitamin Profile: Niacin, Thiamin, Riboflavin

*Daily value not established.

Typical Amino Acid Profile Per 30 gram:					
Essential Amino Acids		Conditionally Essential Amino Acids		Nonessential Amino Acids	
L-Tryptophan	120 mg	L-Arginine	750 mg	L-Alanine	1080 mg
L-Valine	90 mg	L-Cysteine	270 mg	L-Serine	930 mg
L-Threonine	930 mg	L-Tyrosine	330 mg	L-Glycine	780 mg
L-Leucine	1230 mg	L-Histidine	870 mg	L-Aspartic Acid	1710 mg
L-Isoleucine	750 mg	L-Proline	660 mg		
L-Lysine	1170 mg	L-Glutamic Acid	3330 mg		
L-Phenylalanine	750 mg				
L-Methionine	270 mg				

Manufactured for Best Naturals,
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Lot# Exp#



No Artificial Color, Flavor or Sweeteners
No Preservatives, No Sugar, No Starch
No Milk, No Corn, No Soy, No Eggs, No Lactose, No Gluten, No Yeast, No Fish Sodium Free.