

Suggested Use: Take 5 capsules with an 8 oz. glass of juice or other liquids daily or as directed by a health professional.

► Features natural soluble fiber and supporting herbs; promotes daily regularity and intestinal health**

 We are proud to offer many OU Kosher Certified products.

Tamper Seal: Use only if seal is intact. Consult your health care practitioner if you are pregnant/nursing, taking medications or have a medical condition, before taking this or any other product. Store in a cool, dry place.



Keep out of reach of children.

****THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

Lot# 000000-2841 R20-1223 R8.7

PREMIER
RESEARCH LABS

Premier Psyllium Fiber

With Supporting Herbs

Promotes Bowel Regularity**

DIETARY SUPPLEMENT 
180 PLANT-SOURCE CAPSULES

-  PRL's Quality Guarantee
-  NON-GMO
-  Pure Vegan
-  No Added Undesirable Excipients
-  Potency Verified
-  Phytoforensic Tested for Adulterants
-  No Chemical or Radiation Sterilization
-  Pathogen Microbiology Performed
-  Heavy Metal Tested
-  FDA-Monitored cGMP Facility

Supplement Facts

Serving Size 5 Capsules
Servings Per Container 36

Amount Per Serving	% Daily Value†
Calories 10	
Total Carbohydrate 2 g	1%
Dietary Fiber 1 g	4%

The Fiber Expert™ 1.5 g*
Organic Psyllium (husk) (*Plantago ovata*)

Botanica Cleanse™ 590 mg*
Organic Barley Grass (*Hordeum vulgare*), Organic Fennel (seed) (*Foeniculum vulgare*), Organic Chinese Rhubarb (root) (*Rheum palmatum*), Organic Marshmallow (root) (*Althaea officinalis*), Organic Oat Grass (*Avena sativa*), Organic Kale (leaf), Organic Chlorella (whole; broken cell wall) (*Chlorella sorokiniana*), Organic Alfalfa (herb) (*Medicago sativa*), Organic Cilantro (leaf) (*Coriandrum sativum*), Organic Spinach (leaf) (*Spinacia oleracea*)

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value Not Established

Other Ingredients: Plant-Source Capsules (cellulose, water)