

Suggested Use: Mix 1 scoop daily in beverages or food or as directed by a health professional.

► Embrace the nutritive power of legumes, grains and seeds - ready for use as a premier quality, plant-based protein powder.



NOTICE: Keep out of reach of children.
Use only if seal is intact. Consult your health care practitioner if you are pregnant/nursing, taking medications or have a medical condition, before taking this or any other product. Store in a cool, dry place.

PROP 65 WARNING: Reproductive Harm - www.P65Warnings.ca.gov

100 CALORIES

18 g PROTEIN

Manufactured in a cGMP compliant facility for superior quality assurance

R21-0720 R2.0

P REMIER RESEARCH LABS

Premier Plant Protein

18 g Protein/Serving

Organic Plant-Based Protein



Notice: Use this product as a food supplement only. Do not use for weight reduction.

DIETARY SUPPLEMENT

NET WT. 9 OZ (260 G)

- ✓ PRL's Quality Guarantee
- ✓ Plant-Based Protein
- ✓ NON-GMO
- ✓ Gluten-Free
- ✓ Dairy-Free
- ✓ Good Source of Iron
- ✓ Excellent Source of Protein
- ✓ Forensic Tested for Adulterants
- ✓ Aflatoxins Screened
- ✓ FDA-Monitored cGMP Facility

Supplement Facts

Serving Size 1 Scoop (25 g)
Servings Per Container about 10

Amount Per Serving	%Daily Value
Calories 100	
Total Fat 3 g	4%*
Saturated Fat 0.5 g	3%*
Sodium 280 mg	12%*
Protein 18 g	25%*
Calcium 21 mg	2%*
Iron 5 mg	28%*

Other Ingredients: None

Typical Amino Acid (Profile Per Serving)					
L-Alanine	763 mg	L-Histidine	396 mg	L-Proline	745 mg
L-Arginine	1,433 mg	L-Isoleucine (BCAA)	819 mg	L-Serine	855 mg
L-Aspartic Acid	1,928 mg	L-Leucine (BCAA)	1,427 mg	L-Threonine	612 mg
L-Cysteine	186 mg	L-Lysine	1,136 mg	L-Tryptophan	160 mg
L-Glutamic Acid	2,858 mg	L-Methionine	211 mg	L-Tyrosine	668 mg
L-Glycine	682 mg	L-Phenylalanine	914 mg	L-Valine (BCAA)	860 mg

Feel the difference with "Premier Quality"

Amount Per Serving	%Daily Value
Potassium 31 mg	<1%
Complete-5 Plant Protein Blend™	25 g †
Organic Pea Protein, Organic Rice Protein, Organic Pumpkin Seed Protein, Organic Quinoa Seed Protein, Organic Pomegranate Seed Protein	
*Percent Daily Values are based on a 2000 calorie diet.	
†Daily Value (DV) not established.	