

**Doctor's Best Curcumin with Curcumin C3 Complex® and BioPerine®** contains a potent standardized extract of *Curcuma longa* root, known as turmeric. Turmeric has centuries of tradition in Ayurvedic healing. The active ingredients in *Curcuma longa* are curcuminoids, compounds that demonstrate potent antioxidant properties in scientific studies.\* Curcuminoids may benefit the joints, brain, heart and circulatory system by helping to neutralize free radicals.\*

BioPerine® is an extract of Black Pepper fruit that contains 95% piperine as a natural bio-enhancer to promote absorption.\*

**Helps support cells and tissues by neutralizing free radicals\***

**Helps support joint health\***

**BioPerine® helps promote absorption of nutrients in the GI tract\***

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



YDRB107-6

**Dietary  
Supplement**

**Doctor's  
BEST®**

**Science-Based  
Nutrition™**

**High  
Absorption,  
Curcumin  
from Turmeric Root  
with CURCUMIN C3 COMPLEX® and BIOPERINE®**

**MAY BENEFIT THE JOINTS BY HELPING  
TO NEUTRALIZE FREE RADICALS\***

**500 mg • 120 Capsules**

## Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

| Amount Per Serving                                                                                                                                                                                                                    | % Daily Value |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|
| Turmeric Extract ( <i>Curcuma longa</i> )(root) 1000 mg<br>standardized to contain 95% Curcuminoids, including:<br>Bisdemethoxycurcumin (2.2 - 6.5%)<br>Demethoxycurcumin (15 - 19%)<br>Curcumin (75 - 81%)<br>(Curcumin C3 Complex®) | †             |
| Black Pepper Ext. ( <i>Piper nigrum</i> )(fruit)<br>(standardized to contain 95% Piperine)(BioPerine®)                                                                                                                                | 6 mg †        |

† Daily Value not established.

**Other Ingredients:** Gelatin (capsule), microcrystalline cellulose, magnesium stearate (vegetable source), silicon dioxide.

**Suggested Adult Use:** Take 2 capsules daily with food, or as recommended by a nutritionally informed physician.

**WARNING:** If you are pregnant, nursing, taking medications for diabetes or blood thinners, consult your physician before taking Curcumin.

**Non-GMO / Gluten Free / Soy Free**

This product contains natural ingredients that may vary in color. Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**  
California, 92612 USA

**(800) 777-2474 [www.drbbvitamins.com](http://www.drbbvitamins.com)**

Curcumin C3 Complex® and BioPerine® are trademarks of Sabinsa Corporation.