

Recommended Use: As a dietary supplement, take 1 capsule daily with 8-12 oz of water or as directed by your healthcare professional.

Warning: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children. Do not use if safety seal is broken or missing.

Notice: Store in a cool, dry place.

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† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by Nutricost®
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nutricost

Biotin

Vitamin B7

10,000 MCG

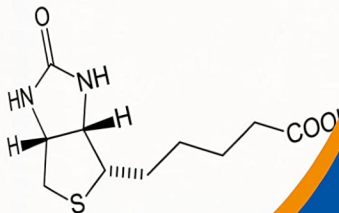
per serving

240

capsules

240

servings



240 Capsules | Dietary Supplement

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 240

Amount Per Serving	% DV
Biotin	10,000mcg 33,330%*

* Percent Daily Value (DV) is based on a 2,000 calories diet.

Other ingredients: Rice flour, hypromellose (cellulose).

Same Amount
smaller size!

We have condensed the same amounts of the active ingredients you expect into a smaller, easier to consume capsule (30% smaller).



New **Old**
Actual comparison; not actual size

