

Black Cohosh is a plant that has been historically used by Native American women. It is one of the leading herbs for women's health especially during a woman's midlife years. Current research shows that black cohosh may help support positive health by helping to relieve the occasional sleeplessness, mood change and hot flashes associated with menopause.† Certain research publications indicate that Black Cohosh may help support the following:

- Supports Hormonal Balance throughout the menstrual cycle.†
- Supports natural transitions.†

SUGGESTED USE: As a dietary supplement, take one capsule one to two times daily, preferably with meals or as directed by your qualified health care professional.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MADE IN USA



Black Cohosh

Premium Formula

540 mg

3rd Party Lab Tested

120 CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Capsule
Serving Per Container: 120

	Amount Per Serving	%Daily Value
Black Cohosh (<i>Cimicifuga racemosa</i>) (Root)	540 mg	*

*Daily Value not established.

Other Ingredients: Capsule (bovine gelatin), Magnesium Stearate (vegetable source), Silicon Dioxide.

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Manufactured for Best Naturals,
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www.shopbestnaturals.com

For additional information call 1-877-659-6004

Lot#

Exp#

