

RECOMMENDATION:

Dosage cup included

Adults and children 14 years of age and older, take 3 teaspoons (tsp) (15 mL) as needed two times daily. Do not exceed recommended dose. Not formulated for children under 14 years of age. Shake well before each use. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Gluten Free • Vegetarian

Contains no dairy, soy, peanuts, or artificial colors.

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Questions? 1-800-9NATURE / naturesway.com



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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

sambucus
HONEYBERRY
STANDARDIZED ELDERBERRY

COUGH SYRUP

FOR COUGHS ASSOCIATED WITH HOARSENESS, DRY THROAT, & IRRITANTS*

"ENGLISH IVY TO SOOTHE
OCCASIONAL COUGHS"

DIETARY SUPPLEMENT

NET CONTENTS 4 FL OZ (120 mL)

Supplement Facts

Serving Size 3 teaspoons (tsp) (15 mL)

Servings per Container 8

Amount per Serving	% DV
Calories	50
Total Carbohydrate	12 g 45%
Total Sugars	6 g **
Includes 6 g Added Sugars	12%
Vitamin C (ascorbic acid)	90 mg 100%
Zinc (as zinc gluconate)	5.5 mg 50%
Organic Honey	7 g **
Organic Apple Cider Vinegar	1 g **
Organic Black Elder (Sambucus nigra L.)	100 mg **
Organic Black Elder (Sambucus nigra L.) Extract (berry) standardized to anthocyanins from 6.4 g of premium cultivar elderberries	
English Ivy (leaf) Extract standardized to 11% Hederacoside C	70 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: organic glycerin, purified water, organic natural flavor, citric acid (preservative to maintain freshness)

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HONEYBERRY

OUR STANDARDIZED
ELDERBERRY EXTRACT IS:

- Gluten Free
- Vegetarian



CONTAINS NO:

Gluten, Dairy, Soy, Peanuts,
or Artificial Colors



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**HONEYBERRY'S
SIX KEY INGREDIENTS**

We start with a combination of
high-quality ingredients:

Organic Standardized Elderberry

Organic Honey

Organic Apple Cider Vinegar

Then we add English Ivy Leaf
Extract which helps soothe
coughs associated with
hoarseness, dry throat, and
irritants.*

English Ivy Leaf Extract

Lastly, we add vitamin C and
zinc to support your immune
health.*

Vitamin C
Zinc

**ABOUT
BLACK ELDERBERRIES**

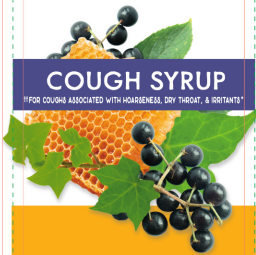
For centuries, the dark berries of
European black elder (Sambucus
nigra L.) have been traditionally
used as a winter remedy
for immune support.*

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