

L-Leucine, L-Isoleucine and L-Valine are commonly grouped together and referred to as Branched Chain Amino Acids, or BCAA, because of their unique branched chemical structure. BCAAs are essential amino acids, meaning they must be consumed through the diet, since the human body cannot make them from other compounds. BCAAs provide active adults with versatile support for training endurance and recovery. These amino acids cannot be synthesized in the liver.† Certain research publications indicate that BCAA may help support the following:

- Supports protein synthesis.†
- Supports lean muscle growth.†
- Supports energy production.†

CAUTION: For adults only, if you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of the reach of children.

Do not use if safety seal is broken or missing.

Keep in cool, dry place.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MADE IN USA



BCAA

Premium Formula



Pure Powder
3rd Party Lab Tested

Net Wt. 8 oz. (227g) DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Level Teaspoons (5.2 g)

Servings Per Container: 43

	Amount Per Serving	%Daily Value
L-Leucine (free-form)	2600 mg	*
L-Isoleucine (free-form)	1300 mg	*
L-Valine (free-form)	1300 mg	*

*Daily Value not established.

Other Ingredients: None.

SUGGESTED USE:

Spoon Stirred: Add 2 level teaspoons of BCAA Powder to a glass filled with 8 - 10 oz. of water or your favorite beverage and mix vigorously with a spoon for about 15 - 20 seconds. Take 1 to 3 times daily. Can be taken before meals or before and after exercise.

Shaker: Add 2 level teaspoons of BCAA Powder to your shaker cup filled with 8 - 10 oz. of water or your favorite beverage. Cover and shake for about 10 seconds to ensure a good mix. Take 1 to 3 times daily. Can be taken before meals or before and after exercises. Tip: Try adding BCAA Powder to your favorite protein powder, meal replacement product, or weight-gainer shake.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Corn, No Soy, No Egg, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Manufactured for Best Naturals,
PO Box 394, Kenilworth NJ 07033 USA
www.shopbestnaturals.com

For additional information call: 1-877-659-6004

Lot#

Exp#

