

# Gastrex®

## Contains Okra, Chlorophyll, Bentonite, and Anise to Support Digestion

The chlorophyll in Gastrex provides important phytochemicals that support gastrointestinal health. Okra powder, another key ingredient in Gastrex, is a powerhouse of valuable nutrients. Okra is universally recognized as an important food crop due to its mucilage and fiber and abundance of essential nutrients, including vitamins A, B<sub>1</sub>, B<sub>2</sub>, B<sub>6</sub>, and C and minerals such as calcium, phosphorus, and iron. Gastrex also contains vitamin B<sub>6</sub> and niacin. Chlorophyll and okra powder, together with the other ingredients in Gastrex, provide the necessary nutrients to support digestion, help cleanse the gastrointestinal tract, support immune function, and promote cardiovascular health.†

## How Gastrex Keeps You Healthy

### *Maintains healthy gastrointestinal function*

The okra contained in Gastrex provides high levels of insoluble fiber and mucilage and help keep the intestinal tract healthy. Mucilage coats various tissues, providing lubrication and tissue support. Folic acid, also found in okra, is an important B vitamin linked to better gastrointestinal health. Chlorophyll supports normal kidney function and is effective in the reduction of fecal, urinary, and body odor. Niacin is also provided by Gastrex and is necessary in maintaining healthy gastrointestinal function.†

### *Promotes cardiovascular health*

Okra provides oils containing unsaturated fatty acids. Okra provides a good source of folic acid, which has been linked to the prevention of heart attacks and stroke. Vitamin C plays an important role in cholesterol metabolism. Vitamin B<sub>6</sub> also supports cardiovascular health.†

### *Supports healthy immune response*

Chlorophyll provides antioxidant activity comparable to alpha-tocopherol, a powerful and well-known antioxidant that neutralizes free radicals. Vitamin C is also heavily involved in immune function.†



**Introduced in 1959**

**Content:**

90 capsules

**Suggested Use:** Two capsules with a full glass of water 15 minutes before meals and bedtime, or as directed.

**Supplement Facts:**

Serving Size: 2 capsules

Servings per Container: 45

|                        | Amount<br>per Serving | %DV |
|------------------------|-----------------------|-----|
| Calories               | 2                     |     |
| Vitamin C              | 3.4 mg                | 6%  |
| Niacin                 | 6.4 mg                | 30% |
| Vitamin B <sub>6</sub> | 0.1 mg                | 8%  |

**Proprietary Blend:** 590 mg +

Okra (fruit), bentonite (montmorillonite),  
Tillandsia essences, anise (seed), bovine liver,  
porcine stomach, choline bitartrate, alginate  
acid, calcium lactate, porcine duodenum,  
aluminum, debalbed wheat (germ), encapsulated  
sodium phosphate, oat (straw) extract, para-  
aminobenzoate, and porcine brain.

Other ingredients: Gelatin, water, calcium  
stearate, niacinamide, colors, ascorbic acid,  
and pyridoxine hydrochloride.

Sold through health care professionals.



800-558-8740 | [standardprocess.com](http://standardprocess.com)

† These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.