

**Directions:** As a dietary supplement for adults, take one (1) tablet daily with a meal, or as directed by a physician.

Selenium is an essential trace mineral found in soil and water. Plants and yeast naturally convert selenium into organically bound protein forms of minerals. For improved bioavailability, **Healthy Origins® Selenium** featuring SelenoExcell® contains selenium in this organically bound, natural food form. SelenoExcell® was the high selenium yeast used in numerous clinical trials.\*

**Caution:** Consult a physician before use if you are pregnant, nursing, taking medication or have a medical condition. Do not exceed the recommended dosage.

SelenoExcell® is a trademark of Cypress Systems, Inc.

Store in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN**

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



# Healthy Origins®

— SINCE 1996 —

NEW LOOK

## NATURAL SELENIUM

Supports cellular health and healthy immune function\*



200 MCG • 180 TABLETS DIETARY SUPPLEMENT

### Supplement Facts

Serving Size: 1 Tablet  
Servings per Container: 180

	Amount per Serving	% Daily Value
Calcium (as dicalcium phosphate)	50 mg	4%
Phosphorus (as dicalcium phosphate)	38.6 mg	3%
SelenoExcell® Selenium (as High Selenium Yeast)	200 mcg	364%

Percent daily values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Croscarmellose Sodium, Magnesium Stearate (veg), Stearic Acid (veg), Silicon Dioxide, Aqueous Film Coating (Water, Hypromellose, Glycerin).

Not manufactured with wheat, gluten, milk, egg, fish, shellfish, peanut, or tree nut derived ingredients.

Manufactured in a cGMP facility.



Distributed by: **Healthy Origins®**  
Pittsburgh, PA 15241, USA | 1-888-228-6650