

Directions: As a dietary supplement for adults, take one (1) vegetarian capsule once or twice daily, preferably on an empty stomach, or as directed by a physician.

L-Theanine is an amino acid found naturally in the *Camellia sinensis* (tea) plant. L-Theanine has been found to stimulate production of alpha waves in the brain, which may help create desirable soothing effects.*

Caution: Consult a physician before use if you are pregnant, nursing, taking medication or have a medical condition. Do not exceed the recommended dosage.

AlphaWave® and ProfileProven® are registered trademarks of Ethical Naturals, Inc.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Healthy Origins®
— SINCE 1996 —

NEW LOOK

FERMENTED

L-THEANINE

Supports healthy mental clarity and focus*



100 MG • 180 VEGGIE CAPS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetarian Capsule
Servings per Container: 180

	Amount per Serving	% Daily Value
L-Theanine (AlphaWave®) (Standardized to 98% pure L-Theanine by HPLC)	100 mg	†

†Daily Value not established.

Other Ingredients: Vegetarian Capsule (Hypromellose, Water), Microcrystalline Cellulose, Silicon Dioxide.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish, peanut, or tree nut derived ingredients.

Manufactured in a cGMP facility.



Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN



Distributed by: **Healthy Origins®**
Pittsburgh, PA 15241, USA | 1-888-228-6650