

Directions: As a dietary supplement for adults, take one (1) Vcap® daily, preferably with a meal, or as directed by a physician.

Healthy Origins® Biotin (Vitamin B7) is a water soluble, essential B vitamin that is found naturally in bread, liver, pork, salmon, avocado, cheddar cheese and egg yolks. It may also be found in certain bacterial colonies in the large and small intestines.*

Biotin is widely known for its importance in cellular development and its assistance in fatty acid, carbohydrate, glucose and amino acid metabolism.*

Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN
Vcaps® is a registered trademark of Capsugel.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Supplement Facts

Serving Size: 1 Vcap®
Servings per Container: 60

	Amount per Serving	% Daily Value
D-Biotin (USP Grade)	10,000 mcg	33,333%

Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline Cellulose, Vegetarian Capsule (HPMC, Water).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, peanut, or tree nut derived ingredients.

Manufactured in a cGMP facility.

Caution: Consult a physician before use if you are pregnant, nursing, taking medication or have a medical condition.

Distributed by: Healthy Origins®
Pittsburgh, PA 15241, USA | 1-888-228-6650