Directions: As a dietary supplement for adults, take one (1) veggie softgel daily, or as recommended by a physician.

Healthy Origins® Vitamin K2 (from Natto) provides Vitamin K2 in its most biologically active form called Menaquinone-7 or MK-7 for short. Vitamin K2 as MK-7 has superior absorption and retention in the body when compared to Vitamin K1—the typical supplemental form. Natural Vitamin K2 may help to support bone health, cardiovascular health, calcium metabolism and arterial health.*

Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Healthy Origins

SINCE 1996 -

NATURAL



VITAMIN K2

as MK-7

Supports bone & Cardiovascular health*







100 MCG • 60 VEGGIE SOFTGELS DIETARY SUPPLEMEN

Supplement Facts

Serving Size: 1 Softgel Servings per Container: 60

	Amount per Serving	% Daily Value
Vitamin K2 (from Natto) (as Menaquinone-7)	100 mcg	†

Other Ingredients: Vegetarian Softgel (Non-GMO Modified Tapioca Starch, Glycerin, Purified Water), Organic Extra Virgin

Olive Oil, Yellow Beeswax, Sunflower Lecithin.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, peanut, or tree nut derived ingredients.

Manufactured in a cGMP facility.

†Daily Value not established

Caution: Consult a physician before use if you are pregnant, nursing, taking medication or have a medical condition.

Distributed by: Healthy Origins® Pittsburgh, PA 15241, USA | 1-888-228-6650