Making a great BCAA product may be complicated, and other companies may get it wrong, but Core Nutritionals makes a superior BCAA product elementary. Tested amino ratios. Proven formulas. No unnecessary fillers.

A: Aminos in the only clinically-verified and tested BCAA (branched chain amino acid) ratio of 2:1:1 to support endurance, recovery, and the building of lean muscle.†*

B: Beta-Alanine has been shown to increase muscle strength and performance, increase endurance, and decrease muscular fatigue.†*

C: Citrulline malate, at a clinical serving size, that may help to increase NO (nitric oxide) synthesis and ATP production.†

**When combined with regular weight/resistance training and a healthy, balanced diet.*

WARNING: This product is only intended for use in healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult your healthcare provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product, or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Immediately discontinue use and consult your health care professional if you experience adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. Keep out of reach of children.

DIRECTIONS: Mix 2 scoops in 16-32 ounces of water and shake well. Adjust water level according to taste. Consume immediately before and during training. Additional servings can be taken throughtout the day to maximize effectiveness.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CORE NUTRITIONALS®

ABC

ADVANCED BCAA SUPPLEMENT

ENDURANCE† | RECOVER† | REBUILD† | REFRESH†

AUSTRALIAN GUMMY SNAKES

NATURALLY & ARTIFICIALLY FLAVORED DIETARY SUPPLEMENT

50 SERVINGS • NET WT. 2 LBS 3 OZ (1 KG)

Supplement Facts

Serving Size: 2 Heaping Scoops (20g)
Servings Per Container: 50

	Amount Per Serving (2 scoops)	% DV
Branched-Chain Amino Acids (BCAAs)		
L-Leucine	5.0g	**
L-Isoleucine	2.5g	**
L-Valine	2.5g	**
L-Glutamine	2.5g	**
Beta-Alanine	2.5g	**
Citrulline Malate	2.5g	**

** Daily Value not established.

OTHER INGREDIENTS: Natural and Artificial Flavors, Malic Acid, Citric Acid, Sucralose, Acesulfame-K.

Manufactured in a U.S. cGMP Facility.
Distributed by: Core Nutritionals, LLC, Sterling, VA 20164.
www.corenutritionals.com, info@corenutritionals.com,
(888) 978-2332.

Crush It!®

>> Protect from heat, light and moisture.
>> Store at 10-25°C (50-77°F)

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