

DIRECTIONS: Dissolve one (1) scoop with 6 fl oz of water. Drink one to four times daily, or as directed by a healthcare practitioner.

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

Just Relax™ contains a blend of ingredients in a subtle cherry-flavor powder that supports the body's natural synthesis of adrenal gland hormones (including stress response), the inhibitory neurotransmitter GABA, hormonal balance, and healthy glucose metabolism. As a convenient drink mix, Just Relax is specially formulated to provide a peaceful, calm and relaxed state of body and mind.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

STORAGE: Keep tightly closed in a cool, dry place. Keep out of reach of children.

FORMULATED TO EXCLUDE: Gluten, wheat, soy, corn, yeast, animal or dairy products, shellfish, fish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMO's), preservatives, artificial sweeteners or colors.



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Just Relax™

- Contains 2000 mg of Inositol (as myo-inositol)
- Promotes a Calm, Relaxed Emotional & Physiological State*
- Promotes Balanced Hormones & Stress Response*

Pharmaceutical Grade • Dietary Supplement
Net Wt. 234 g (8.3 oz)

Supplement Facts

Serving Size: 1 Scoop (3.9 g)
Servings Per Container: About 60

Amount Per Serving	% Daily Value
Magnesium (as Albion® DiMagnesium Malate)	80 mg 19%
myo-Inositol	2 g *
Taurine	500 mg *
Gamma-Aminobutyric Acid (GABA)	100 mg *
L-Theanine (Suntheanine®)	55 mg *

* Daily Value not established

Other Ingredients: Natural Cherry Flavor (no MSG), Malic Acid, Natural Red Beet Powder, Citric Acid, Monk Fruit Extract.

Albion® is a registered trademark of Albion Laboratories, Inc. Malate covered by U.S. Patent 6,706,904.

Suntheanine®

Suntheanine® is the patented form of L-theanine and the trademark of Taiyo International, Inc.



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Distributed By:

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