

Directions: For best results, take two (2) tablets all at once with a meal, OR one (1) tablet twice daily with meals.

Supplement Facts

Serving Size Two (2) Tablets
Servings Per Container 40

Amount Per Serving	% Daily Value
Vitamin D3 (as cholecalciferol) 2000 IU	500%
Glucosamine Hydrochloride 1.5 g (1500 mg)	*
MSM (methylsulfonylmethane) 750 mg	*
Uniflex (Fruiteo®) 216 mg	*
Calcium Fructoborate	*
Chondroitin Sulfate 200 mg	*
Joint Fluid (Hyaluronic Acid) 3.3 mg	*
*Daily Value not established.	

Other Ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, glycerin, magnesium stearate), croscarmellose sodium, mallic acid, magnesium stearate, silicon dioxide.
Contains shellfish (shrimp, crab, lobster and crayfish).

Manufactured by: SCHIFF NUTRITION GROUP, INC.

BALTIMORE, CITY, UT 84104 USA

For Information Call: 1-800-526-6261 (toll-free)

Chondroitin Sulfate is derived from bovine and porcine sources. If you are pregnant, lactating or on prescribed medication, consult your physician before using.

GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (iodine, chloride), yeast, alcohol, gluten or milk. No preservatives or artificial flavors.

KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE WITHIN 10-15°C (50-59°F).

CAUTION: Do not use this product, as a replacement of any medical treatment.

FRUITO®: Contains Fructoborate as a registered trademark of JDF FructoChemicals, Inc. Fructo-8®: Calcium Fructoborate is a registered trademark of JDF FructoChemicals, Inc. Fructo-8®: Calcium Fructoborate is a registered trademark of JDF FructoChemicals, Inc. Fructo-8®: Calcium Fructoborate is a registered trademark of JDF FructoChemicals, Inc.

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Earn Points for Valuable Rewards!

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Schiff

Move
Free

ADVANCED
PLUS MSM & VITAMIN D3

At Schiff, we're dedicated to finding the most effective ways to help people move better and live better. Move Free® Advanced's formula takes Glucosamine, Chondroitin to the next level by adding our advanced ingredients. So, it actually helps improve your joint health.*

WITH THE BENEFITS OF VITAMIN D3

Vitamin D3 helps your overall bone health and your joint movement in key significant ways. First, Vitamin D3 helps your bones absorb calcium better and second, it helps your bones retain the calcium already in them. This is very important because as we age our bones lose calcium.



ACTUAL SIZE

MOVE BETTER. FEEL BETTER.® WITH
Move Free

PROUD SPONSOR OF



Glucosamine and Move Free® is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. For information about arthritis, contact the Foundation at 800-526-6261 or www.arthritis.org



Schiff, SANE RESCUE® tablets are formulated to assist people to live one hour.

1. Age 4. Amount: 400 IU, 400 IU, 400 IU.
2. Refers to the amount of fat in each tablet.

Schiff
SINCE 1936



NEW
LOOK

ADVANCED
PLUS MSM & VITAMIN D3

Triple Strength
With 2000 IU Vitamin D3



DIETARY
SUPPLEMENT

80 COATED TABLETS

Schiff

Move
Free

ADVANCED
PLUS MSM & VITAMIN D3

Day Schiff, Move Free® Advanced Plus MSM & Vitamin D3 formula contains advanced, premium-quality ingredients to comfort your sore joints with just two tablets per day.

Now UNFLEX®: A patented, clinically tested mineral complex found naturally in fruits and vegetables that protects and comforts sore joints.*

JOINT FLEX®: Helps to lubricate, regenerate, rehydrate and repair joints.* Clinical studies show that oral hyaluronic acid is absorbed into joints. (Balogh, L. et al. / *J. of Food Chem.* 2006)



GLUCOSAMINE: Helps by strengthening, protecting and rebuilding joints.*

CHONDROITIN: Assists in lubricating and cushioning joints.*

METHYLSULFONYLMETHANE (MSM): A natural source of sulfur found in the body which is important in the formation of collagen in joints.

VITAMIN D3: To promote healthier joint cartilage.*

Visit MoveFree.com
for Joint Health and Fitness Tips

* THIRD PARTIES HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

LOT:
EXP: