

SPRING

VALLEY®

VITAMIN #1 BRAND

1
PER DAYNo Fish
Burps

Enteric Coated
Triple Strength
Fish Oil
1400 mg



900 mg
Omega-3

HEART HEALTH*

Dietary Supplement

60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%††
Polyunsaturated Fat	1 g	†††
Cholesterol	<5 mg	1%
Fish Oil	1.4 g (1,400 mg)	†††
provides 900 mg of Total Omega-3 Fatty Acids† comprising of:		†††
EPA (Eicosapentaenoic Acid)	647 mg	†††
DHA (Docosahexaenoic Acid)	253 mg	†††

††Percent Daily Values are based on a 2,000 calorie diet.

†††Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin, Food Glaze, Contains <2% of: Enteric Coating (Sodium Alginate and Stearic Acid), Ethylcellulose, Medium Chain Triglycerides, Mixed Natural Tocopherols, Polysorbate 80, Soybean Oil.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Ethyl Esters

Spring Valley Fish Oil supports a healthy heart
and joints.*

SUGGESTED USE: For adults, take one (1) softgel daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Sugar, No Artificial Color, No Artificial Flavor.

MEG-3® is verified by the US Pharmacopela (USP).

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KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

MANUFACTURED BY:
US Nutrition, Inc.
Bohemia, NY 11716-2510, USA
Questions or Comments?
Call 1-866-607-0342



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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