## COLLAGEN. WELLNESS. LEADER. SINGE 1922

## WHY CHOOSE GREAT LAKES **GELATIN COMPANY?**

We believe that a healthy lifestyle and a balanced diet, including collagen, is the cornerstone to a life well-lived.

#### TYPICAL AMINO ACID CONTENT PER SERVING

| Alanine        | 1008 mg | Leucine*!                   | 312 mg  |
|----------------|---------|-----------------------------|---------|
| Arginine       | 924 mg  | Lysine††                    |         |
| Aspartic Acid  |         | Methionine**                |         |
| Cystine        |         | Phenylalanine <sup>++</sup> |         |
| Glutamic Acid  | 1200 mg | Proline                     | 1644 mg |
| Glycine        | 2785 mg | Serine                      | 408 mg  |
| Histidine*!    | 108 mg  | Threonine <sup>†</sup> !    | 228 mg  |
| Hydroxylysine  | 180 mg  | Tryptophan**                | 0 mg    |
| Hydroxyproline | 1476 mg | Tyrosine                    | 72 mg   |
| Isoleucine††   | 144 mg  | Valine††                    | 264 mg  |

\*Natural variations may occur \*\*\*Essential Amino Acids

#### NOTICES:

Collagen protein does not count toward the FDA recommended Percent Daily Value for protein because it lacks one essential amino acid: tryptophan.

Do not use if top seal is torn or punctured.

If you are pregnant, nursing or have a medical condition. consult your physician before use.

Variations in color, odor, taste and solubility may occur.

Product is packed by weight not volume, settling will occur.

## STORE DRY & DO NOT REFRIGERATE HOT OR COLD LIQUID SOLUBLE









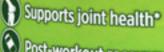
Non-GMO



# COLLAGEN HYDROLYSATE

Grass-fed & Pasture-raised

## UNFLAVORED



Post-workout recovery\*

Promotes healthy skin\*

Supports strong hair & nails

## DIETARY SUPPLEMENT

NET WEIGHT 16 oz (454 g)

## GREAT LAKES COLLAGEN

## Supplement Facts

Serving Size: 2 Scoops (12 g) Servings Per Container 38

| A                    | mount Per<br>Serving | % Dail<br>Value |
|----------------------|----------------------|-----------------|
| Calories             | 45                   |                 |
| Protein              | 11 g                 | 01              |
| Sodium               | 35 mg                | 2%              |
| Collagen Hydrolysate | 12g                  |                 |

"Daily Value not established.

#### INGREDIENTS:

Bovine Collagen Hydrolysate

Manufactured for Great Lakes Gelatin\* Company, 253 Commerce Drive. Grayslake, IL 60030

### COLLAGEN HYDROLYSATE:

Our collagen, made of ONE simple ingredient, is a dietary supplement with a beneficial combination of amino acids. Collagen is nearly tasteless, colorless and odorless. and it is easily digested.

#### RECOMMENDED USES:

Great Lakes Collagen Hydrolysate will easily dissolve in your favorite beverages such as coffee, tea. juice and smoothies or healthy foods including soups, oatmeal and yogurt. Just mix in and enjoy!

#### DIRECTIONS:

Take two scoops (12 g) twice a day. For best results use daily.

Join the conversation #LifewithGLG











CUSTOMER SERVICE:

847-223-8141 www.GREATLAKESGELATIN.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.