Directions: For best results, take three (3) tablets all at once with a meal, **OR** one (1) tablet three times daily with meals.

Supplement Facts

Serving Size Three (3) Tablets
Servings Per Container 40

Amount Per Serving		% Daily Value
Glucosamine Hydrochloride	1.5 g (1500 mg)	*
MSM (methylsulfonylmethane)	1.5 g (1500 mg)	*
Uniflex (FruiteX-B + Calcium Fructoborate)	216 mg	*
Chondroitin Sulfate	200 mg	*
Joint Fluid (Hyaluronic Acid)	3.3 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, glycerin, magnesium trisilicate), croscarmellose sodium, magnesium stearate, silicon dioxide, hydroxypropyl cellulose.

Contains shellfish (shrimp, crab, lobster and crayfish).

Manufactured by: **SCHIFF NUTRITION GROUP, INC.**
SALT LAKE CITY, UT 84104 USA
For information call: **1-800-526-6251** (8am-5pm MST M – F)

Chondroitin Sulfate is derived from bovine and porcine sources.

Note: If pregnant, lactating or on prescribed medication, consult your physician before using.

GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

OptiMSM, the MSM in this product, is a registered trademark of Bergstrom Nutrition.

FruiteX-B. FruiteX-B® Calcium Fructoborate is a registered trademark of VDF FutureCeuticals, Inc. FruiteX-B® Calcium Fructoborate is manufactured under US Patent #5,962,049 and pending foreign patents. Used under license from VDF FutureCeuticals, Inc.

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LOT:
EXP:

Schiff

Move Free® ADVANCED PLUS 1500 mg MSM

At Schiff®, we're dedicated to finding the most effective ways to help people move better and feel better. Move Free® Advanced's formula takes Glucosamine/ Chondroitin to the next level by adding our advanced ingredients. So, it actually helps improve your joint health.*

We're also dedicated to making our tablets easy to swallow, which is why Move Free® Advanced has smaller tablets than other leading joint care brands.[3] Our exclusive Schiff® state-of-the-art technology allows us to pack the same amounts of our powerful ingredients into a smaller, easy-to-swallow tablet.

MOVE BETTER, FEEL BETTER® WITH
Move Free

PROUD SPONSOR of the ARTHRITIS FOUNDATION®
Schiff®, the maker of Move Free®, is proud to support the Arthritis Foundation's efforts to help people take control of arthritis. For information about arthritis, contact the Foundation at 800-568-4045 or www.arthritis.org

SURE DISSOLVE Schiff™ SURE DISSOLVE tablets are formulated to disintegrate within one hour.

1 Am. J. Biomed. Sci. 2012; 4(2): 111-122.
3 Move Free® Advanced tablets are smaller than other leading joint care products containing the combination of glucosamine and chondroitin.

Earn Points for Valuable Rewards!

Schiff Loyalty Rewards

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Valid for U.S. residents only.

Schiff
SINCE 1936

Move Free®
Total Joint Health

NEW LOOK

ADVANCED
PLUS 1500 mg MSM

Promotes the health of joints*
With 1500 mg MSM

DIETARY SUPPLEMENT

120 COATED TABLETS

Schiff

Move Free® ADVANCED PLUS 1500 mg MSM

Our Schiff® Move Free® Advanced Plus MSM formula contains advanced, premium-quality ingredients to comfort your sore joints:

New UNIFLEX®: A patented, clinically tested mineral complex found naturally in fruits and vegetables that protects and comforts sore joints.*

JOINT FLUID: Helps to lubricate, rejuvenate, re-hydrate and repair joints.* Clinical studies show that oral hyaluronic acid is absorbed into joints. (Balogh, L. et al., *J Ag Food Chem* 2008)

GLUCOSAMINE: Helps by strengthening, protecting and rebuilding joints.*

CHONDROITIN: Assists in lubricating and cushioning joints.*

METHYLSULFONYLMETHANE (MSM): A natural source of sulfur found in the body which is important in the formation of collagen in joints. The amount of MSM found in Move Free® Advanced Plus MSM is the tested amount shown to support joint comfort and soothe sore joints.*

Visit MoveFree.com
for Joint Health and Fitness Tips

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.