

ORGANIC

ALVITA®

Since 1922

Uva Ursi

Herbal Supplement

Traditionally used to support
urinary tract health*



24 Tea Bags
NET WT 1.48 OZ (42g)

Preparation

Place one tea bag in a cup and
add 8 oz of boiling water. Cover
and steep for 12 minutes. Gently
squeeze tea bag and remove.

Directions for use:

We recommend 1 cup, 3 times daily.

- Add sweetener if desired
- Naturally caffeine free

Duration of use:

Do not use for periods longer
than 7 days, or more often than 5
times per year without consulting
a physician.

HOW TO BREW

Pour	Temp.	Steep
8oz	212°F	12 min
1	2	3



The Alvita Story...

In 1922, a new era for tea consumption began
in America. The herb alfalfa, long known for its
beneficial nutrients, was packaged in tea bags and
sold to an emerging health food market. This product
became known as Alvita and set the standard for
future herbal teas. Today, Alvita represents more
than forty single-ingredient teas, each one uniquely
distinct, just like the individuals who drink them.

Alvita chooses only the highest quality organic, wild-
crafted, or cultivated botanicals, perfectly prepared to
provide you with the best Mother Nature has to offer.
Historical and scientific literature is painstakingly
studied to ensure that the correct traditional plant
and most appropriate servings are used, delivering
premium flavor and quality.

Herbs are gifts from the earth. Alvita takes its
stewardship seriously by offering carefully harvested
teas in earth-friendly packaging. Our beautifully
illustrated boxes are made using recycled paperboard
and our English, pillow style tea bags are oxygen
bleached, not chlorine treated. You won't find a better
product, with a cleaner package... anywhere.

*Alvita... brewed with confidence,
steeped in tradition.*



Uva Ursi

Uva ursi (*Arctostaphylos
uva-ursi*) is also commonly
known as "bearberry" because
its vibrant red and pink fruit
is a favorite food for bears.

The leaves of the uva ursi shrub
have been part of traditional folk
use dating as far back as the 2nd
century. Different cultures have
made use of this beneficial herb,
which has been traditionally used
to support urinary tract health.*

Alvita Uva Ursi Tea is made
with premium-quality, organic
uva ursi leaves, and possesses
a rich honey color and distinct
earthy flavor and aroma.

Supplement Facts

Serving Size: 1 tea bag

Amount Per Serving	% DV
Organic Uva Ursi (leaves)	1.75g †

† Daily Value not established.

WARNING: Do not use if pregnant, nursing or under 12 years of age.
Consult a health care professional before use if you are taking any
medication or have any medical condition. Teas containing uva ursi
leaf may cause nausea or vomiting in individuals with sensitive
stomachs. **KEEP OUT OF REACH OF CHILDREN.**

* These statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure, or prevent any disease.

Distributed by:
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Certified Organic by QAI. Certified Gluten-Free by NSF.