

**SUGGESTED USE:** For adults, take one (1) capsule daily preferably with a meal.

- ✓ 15mg L-methylfolate (L-5-MTHF) + Glycine
- ✓ Promotes Cardiovascular & Nervous System Health\*
- ✓ Supports Positive Mood & Emotional Well-Being\*
- ✓ May Help With Sleep, Concentration, Energy\*
- ✓ Vegan, NON-GMO, & Gluten Free
- ✓ High Potency Formula
- ✓ Maximum Strength

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

Manufactured exclusively for:  
Teraputics Inc  
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New York, NY 10002  
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# L-Methylfolate

METABOLICALLY ACTIVE FORM OF FOLIC ACID

**120** vegan capsules

**15** mg

dietary supplement

PROFESSIONAL  
STRENGTH

## Supplement Facts

Serving Size: 1 Vegan Capsule  
Servings Per Container: 120

### Amount Per Serving

|                                                                    |           |       |
|--------------------------------------------------------------------|-----------|-------|
| Folate                                                             | 25 mg DFE | 6250% |
| (15 mg L-methylfolate from 20.5 mg L-5 Methylfolate, calcium salt) |           |       |
| Glycine                                                            | 250 mg    | **    |

\*\* Daily Value not established.

**Other ingredients:** Hypromellose (Capsule)

**CONTAINS  
ZERO**

GMOs, Soy, Animal By-Products, Artificial Flavors, Colors, Sweeteners, Sugar, Preservatives, Starch, Milk, Lactose, Gluten, Wheat, Yeast, Fish, Sodium

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

