

ORGANIC

ALVITA®

Since 1922

Sage

Herbal Supplement

Traditionally used as a soothing, cooling digestive aid\*



24 Tea Bags  
NET WT 1.13 OZ (32g)



## Preparation

Place one tea bag in a cup and add 8 oz of boiling water. Cover and steep for 10 minutes. Gently squeeze tea bag and remove.

### Directions for use:

We recommend 3 cups daily. Not for long term use.

- Add sweetener if desired
- Naturally caffeine free

### HOW TO BREW



## The Alvita Story...

In 1922, a new era for tea consumption began in America. The herb alfalfa, long known for its beneficial nutrients, was packaged in tea bags and sold to an emerging health food market. This product became known as Alvita and set the standard for future herbal teas. Today, Alvita represents more than forty single-ingredient teas, each one uniquely distinct, just like the individuals who drink them.

Alvita chooses only the highest quality organic, wild-crafted, or cultivated botanicals, perfectly prepared to provide you with the best Mother Nature has to offer. Historical and scientific literature is painstakingly studied to ensure that the correct traditional plant and most appropriate servings are used, delivering premium flavor and quality.

Herbs are gifts from the earth. Alvita takes its stewardship seriously by offering carefully harvested teas in earth-friendly packaging. Our beautifully illustrated boxes are made using recycled paperboard and our English, pillow style tea bags are oxygen bleached, not chlorine treated. You won't find a better product, with a cleaner package... anywhere.

*Alvita... brewed with confidence,  
steeped in tradition.*



## Sage

Since ancient times, sage (*Salvia officinalis*) has been associated with good health.\* The herb's Latin name, *Salvia*, translates into "to be saved." In Chinese, Indian, and North American herbal practices, tea made from sage leaves has been used as a soothing, cooling digestive aid.\*

Alvita Sage Tea is made with premium-quality, organic sage leaves, and produces a peppery fragrance with a mildly astringent flavor.

### Supplement Facts

Serving Size: 1 tea bag

Amount Per Serving	% DV
Organic Sage (leaves)	1.33g †

† Daily Value not established.

**WARNING:** Do not use if pregnant or nursing. Consult a health care professional before use if you are taking any medication or have any medical condition. **KEEP OUT OF REACH OF CHILDREN.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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