

ORGANIC

ALVITA®

Since 1922

Rosemary

Herbal Supplement

Traditionally used as
a calmative*



24 Tea Bags
NET WT 1.27 OZ (36g)



Preparation

Place one tea bag in a cup and add 8 oz of boiling water. Cover and steep for 8 minutes. Gently squeeze tea bag and remove.

Directions for use:

We recommend 3 cups daily.

- Add sweetener if desired
- Naturally caffeine free

HOW TO BREW



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The Alvita Story...

In 1922, a new era for tea consumption began in America. The herb alfalfa, long known for its beneficial nutrients, was packaged in tea bags and sold to an emerging health food market. This product became known as Alvita and set the standard for future herbal teas. Today, Alvita represents more than forty single-ingredient teas, each one uniquely distinct, just like the individuals who drink them.

Alvita chooses only the highest quality organic, wild-crafted, or cultivated botanicals, perfectly prepared to provide you with the best Mother Nature has to offer. Historical and scientific literature is painstakingly studied to ensure that the correct traditional plant and most appropriate servings are used, delivering premium flavor and quality.

Herbs are gifts from the earth. Alvita takes its stewardship seriously by offering carefully harvested teas in earth-friendly packaging. Our beautifully illustrated boxes are made using recycled paperboard and our English, pillow style tea bags are oxygen bleached, not chlorine treated. You won't find a better product, with a cleaner package... anywhere.

*Alvita... brewed with confidence,
steeped in tradition.*



Rosemary

An evergreen shrub native to the Mediterranean, rosemary (*Rosmarinus officinalis*) is widely renowned as a culinary herb as well as a fragrance in cosmetics. But the needlelike leaves of rosemary have also been valued for centuries by folk and herbal practitioners, who have traditionally used the herb as a calmative.*

Alvita Rosemary Tea is made with premium-quality, organic rosemary leaves, and exudes the distinct flavor and aroma that have made rosemary a culinary favorite.

Supplement Facts

Serving Size: 1 tea bag

Amount Per Serving	% DV
Organic Rosemary (Leaves)	1.5g †

† Daily Value not established.

WARNING: Do not use if pregnant or nursing. Consult a health care professional before use if you are taking any medication or have any medical condition. **KEEP OUT OF REACH OF CHILDREN.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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1-800-645-5626

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