- Organic Prebiotic Fiber
- 3 Ayurvedic Herbs
- Probiotics

KETO PALEO VEGAN GLUTEN FREE

2 BILLION CFUs PROBIOTICS DAILY DOSE

NEW!

ORGANIC INDIA®

PSYLLIUM PRE & PROBIOTIC FIBER ORANGE

CERTIFIED ORGANIC

- 2 Billion CFUs probiotics per daily dose
- Promotes digestive health* • Helps maintain regularity*
- Supports heart health† • Lowers cholesterol†
- Promotes appetite control*
- PLUS rejuvenating Triphala cleanses & supports the GI tract*

NEW! 5-IN-1

56 SERVINGS
DIETARY SUPPLEMENT
NET WT 10 OZ (283.5g)

USDA ORGANIC

KOSHER

NON GMO Project VERIFIED

✓KETO ✓PALEO ✓VEGAN ✓GLUTEN FREE

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ORGANIC INDIA®

- **AT THE HEART OF ORGANIC INDIA** is our commitment to be a living embodiment of love and consciousness in action.
- **HEALTHY CONSCIOUS LIVING FROM SOIL TO SHELF** ensures that each of our products is testimony to the flow of love, respect and connection between Mother Nature, our farmers and you.
- **ORGANIC REGENERATIVE AGRICULTURE** regenerates healthy soil and ecosystems, restores vibrant health to the environment and produces the highest quality herbs, fruits and vegetables.
- **PARTNERING WITH FAMILY FARMERS** provides a life of dignity to our local farmers and their families and revitalizes communities through fair wages, education and healthcare.
- **WHEN YOU CHOOSE ORGANIC INDIA PRODUCTS** you actively participate in our mission to create a happier, healthier global environment.

Organic Prebiotic Fiber
Contains soluble & insoluble fiber
Nourishes beneficial gut bacteria
Free from synthetic chemicals and fillers

3 Ayurvedic Herbs
Triphala contains Amla, Bibhitaki and Haritaki
Improves digestion & nutrient assimilation
Chandrashoor seeds soothe irritation

Probiotics
Supports a healthy gut biome
2 Billion CFUs per day with two servings
Heat-stable B. coagulans great for baking

Bake Into Breads • Stir & Drink • Add To Smoothies • Mix Into Meals

Supplement Facts

Serving Size 1 rounded tsp (5g)
Servings Per Container 56

	Amount Per Serving	% Daily Value*
Calories	18	-
Total Carbohydrate (g)	4	1%
Dietary Fiber (g)	3	14%
Soluble Fiber (g)	2	††
Insoluble Fiber (g)	2	††
Iron (mg)	1.65	9%
Proprietary Blend:	5g	††

Ingredients: Organic Psyllium Husk (powder), Organic Psyllium (seed powder), Organic Garden Cress (Chandrashoor) (seed powder), Organic Triphala Powder; [Organic Amla (fruit), Organic Belleric Myrobalan (Bibhitaki) (fruit), Organic Chebulic Myrobalan (Haritaki) (fruit)], Bacillus Coagulans Unique IS2, Organic Stevia extract Reb A

* Percent Daily Values are based on a 2,000 calorie diet.
†† Daily Values not established.

Other ingredients: Natural Orange Flavor

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Reproductive Harm - www.P65Warnings.ca.gov.

SUGGESTED USE: Adults and Children over 12 years:
Two servings daily. Optimally between meals.

DIRECTIONS: Mix 1 rounded tsp with at least 8 oz of water, juice or into smoothie. Stir and consume immediately. If too thick, add additional liquid and Drinking an additional glass of water afterwards is advisable to ensure hydration

To enjoy while pregnant or nursing, consult a physician before use.

NOTICE: This product should be consumed with at least a full glass of liquid. Using product without enough liquid may cause choking. Do not use this product if you have difficulty in swallowing.

HEART HEALTHY † Diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from psyllium husk, as in ORGANIC INDIA Pre & Probiotic Fiber blend may reduce the risk of heart disease by lowering cholesterol. Two servings of ORGANIC INDIA Pre & Probiotic Fiber blend has 4 grams this soluble fiber necessary per day to have this effect.

MFG. BY: ORGANIC INDIA PVT. LTD.
Factory: C-5/10, Agro Park Phase-II,
UPSIDC Industrial Area, Kursi Road,
Barabanki - 225302, U.P. India

Certified Organic by Control Union CU-801983. Product produced and processed according to NPOP standard of India & USDA-NOP
NPOP/NAB/0010 www.controlunion.com

DIST. BY: ORGANIC INDIA, USA
BOULDER, CO 80301 USA 1-888-550-8332
OrganicIndiaUSA.com

PRODUCT OF INDIA FOR EXPORT TO USA ONLY
STORE IN A COOL DRY PLACE

Pictured on the front is one of our beloved farmers. Mfg Lic No A-2755

Join the Community
#HealthyConsciousLiving
OrganicIndiaUSA.com
@organicindiausa

NET WEIGHT: 10 OZ (283.5g)
BATCH NO.:
PKD.: URT0158
BEST FOR USE BEFORE: 2020 FEBRUARY 2023 FEBRUARY

KOSHER