- Organic Prebiotic Fiber
- 3 Ayurvedic Herbs
- Probiotics

KETO PALEO VEGAN GLUTEN FREE

2 BILLION CFUs PROBIOTICS DAILY DOSE

NEW!

ORGANIC INDIA®

PSYLLIUM PRE & PROBIOTIC FIBER CINNAMON SPICE

CERTIFIED ORGANIC

- 2 Billion CFUs probiotics per daily dose
- Promotes digestive health* • Helps maintain regularity*
- Supports heart health† • Lowers cholesterol†
- Promotes appetite control*
- PLUS rejuvenating Triphala cleanses & supports the GI tract*

NEW! 5-IN-1

56 Servings
DIETARY SUPPLEMENT
NET WT 10 OZ (283.5g)

USDA ORGANIC · KOSHER · NON GMO Project VERIFIED · Certified B Corporation

✓KETO ✓PALEO ✓VEGAN ✓GLUTEN FREE

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ORGANIC INDIA®

AT THE HEART OF ORGANIC INDIA is our commitment to be a living embodiment of love and consciousness in action.

HEALTHY CONSCIOUS LIVING FROM SOIL TO SHELF ensures that each of our products is testimony to the flow of love, respect and connection between Mother Nature, our farmers and you.

ORGANIC REGENERATIVE AGRICULTURE regenerates healthy soil and ecosystems, restores vibrant health to the environment and produces the highest quality herbs, fruits and vegetables.

PARTNERING WITH FAMILY FARMERS provides a life of dignity to our local farmers and their families and revitalizes communities through fair wages, education and healthcare.

WHEN YOU CHOOSE ORGANIC INDIA PRODUCTS you actively participate in our mission to create a happier, healthier global environment.

Organic Prebiotic Fiber	3 Ayurvedic Herbs	Probiotics
Contains soluble & insoluble fiber	Triphala contains Amla, Bibhitaki and Haritaki	Supports a healthy gut biome
Nourishes beneficial gut bacteria	Improves digestion & nutrient assimilation	2 Billion CFUs per day with two servings
Free from synthetic chemicals and fillers	Chandrashoor seeds soothe irritation	Heat-stable B. coagulans great for baking

Bake Into Breads · Stir & Drink · Add To Smoothies · Mix Into Meals

Supplement Facts

Serving Size 1 rounded tsp (5g)
Serving Per Container 56

	Amount Per Serving	% Daily Value*
Calories	20	-
Total Carbohydrate (g)	4	1%
Dietary Fiber (g)	4	14%
Soluble Fiber (g)	2	††
Insoluble Fiber (g)	1	††
[illegible]	1	6%
Psyllium Blend:	5g	††

Ingredients: Organic Psyllium Husk (powder), Organic Psyllium (seed powder), Organic Garden Cress/Chandrashoor (seed powder), Myrobalan/Haritaki (fruit), Organic Amla (fruit), Organic Belleric Myrobalan/Haritaki (fruit), Organic Chebulic Myrobalan/Haritaki (fruit), Organic Cinnamon (bark powder), Organic Clove (bud powder), Bacillus Coagulans Unique IS-2, Organic Stevia Extract Reb A

* Percent Daily Values are based on a 2,000 calorie diet.
†† Daily Value not established.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Reproductive Harm - www.P65Warnings.ca.gov.

SUGGESTED USE: Adults and Children over 12 years:
Two servings daily. Optimally between meals.

DIRECTIONS: Mix 1 rounded tsp with at least 8 oz of water, juice or into smoothie. Stir and consume immediately. If too thick, add additional liquid as Drinking an additional glass of water afterwards is advisable to ensure hydr

To enjoy while pregnant or nursing, consult a physician before use.

NOTICE: This product should be consumed with at least a full glass of liquid. Use product without enough liquid may cause choking. Do not use this product if have difficulty in swallowing.

HEART HEALTHY † Diets low in saturated fat and cholesterol that include 7 grams fiber per day from psyllium husk, as in ORGANIC INDIA Pre & Fiber blend may reduce the risk of heart disease by lowering Two servings of ORGANIC INDIA Pre & Probiotic Fiber blend this soluble fiber necessary per day to have this effect.

MFG. BY: ORGANIC INDIA PVT. LTD.
Factory: C-5/10, Agro Park Phase-II,
UPSIDC Industrial Area, Kursi Road,
Barabanki - 225302, U.P. India

Certified Organic by Control Union CU-801983. Product produced and processed according to NPOP standard of India & USDA-NOP
NPOP/NAB/0010 www.controlunion.com

DIST. BY: ORGANIC INDIA, USA
BOULDER, CO 80301 USA 1-888-550-8332
OrganicIndiaUSA.com

PRODUCT OF INDIA FOR EXPORT TO USA ONLY
STORE IN A COOL DRY PLACE

Pictured on the front is one of our beloved farmers

Join the Community
#HealthyConsciousLiving
OrganicIndiaUSA.com
@organicindiausa

NET WEIGHT: 10 OZ (283.5g)
BATCH NO.:
PKD.: UAT0 160
BEST FOR USE BEFORE: 2020 FEBRUARY 2023 FEBRUARY