

SR® ORGANIC MCT OIL is derived exclusively from Organic Coconuts without the use of chemicals or hexane. Packed with energy-dense fatty acids, Medium Chain Triglycerides (MCTs) are quickly digested, absorbed and converted into ketone bodies, which are used as fuel for the brain and body in individuals following a ketogenic, low-carb lifestyle.* **SR® ORGANIC MCT OIL** is composed of Caprylic (C8), Capric (C10) & Lauric (C12) fatty acids and can easily be added to any food or drink without altering taste.

OPTIONS TO ENJOY

 SR® coffee Blend 1 Tbsp. of SR® Organic MCT Oil, 1 scoop SR® Collagen Peptides & 1 Tbsp. of grass-fed butter.	 shakes Upgrade your smoothies & protein shakes by adding 1-2 Tbsp. of SR® Organic MCT Oil.	 dressings SR® Organic MCT Oil maintains its liquid consistency & can be infused into any dressing or marinade.	 cooking Substitute traditional cooking oils with the flavorless taste of SR® Organic MCT Oil (Low Heat Only).
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STORAGE INFORMATION: Store at room temperature, in a dry place. Protect product from excessive heat, freezing, humidity and light. **Refrigeration not required.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Satisfaction Guarantee

We offer a full refund on the purchase price of your order (minus return cost) within 90 days of purchase. Restrictions apply. Please visit sportsresearch.com for full details.



DISTRIBUTED BY:
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QUALITY MATTERS



CHOICE



MCT OIL

MEDIUM CHAIN TRIGLYCERIDES

BRAIN + BODY
FUEL*



100% ORGANIC
COCONUTS

BLENDS WITH COFFEE & SHAKES

UNFLAVORED

VEGAN ■ DAIRY & GLUTEN FREE ■ KETO

DIETARY SUPPLEMENT ■ 128 FL OZ (3785 ML)

Supplement Facts

Serving Size: 1 Tablespoon (15 mL)

Servings Per Container: 252

	Amount Per Serving	% DV
Calories	130	
Total Fat	14 g	18%**
Saturated Fat	14 g	70%**
Medium Chain Triglycerides (MCTs)	13.8 g	†
[from 100% coconut (<i>Cocos nucifera</i>) oil]		
Typical fatty acid composition, as TG:		
Caprylic Acid (C8:0)	5.6 g [▲]	
Capric Acid (C10:0)	3.7 g [▲]	
Lauric Acid (C12:0)	4.0 g [▲]	

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: USDA Organic MCT Oil from Non-GMO Verified Organic Coconut Oil.

ALLERGEN WARNING: Contains Tree Nuts (Coconut).

*Natural variations may occur.

Product of Philippines. Packaged in Canada
and Quality Tested in the USA.



FOR MORE RECIPES, PRODUCTS & WORKOUTS
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SUGGESTED USE: As a Dietary Supplement, healthy adults begin by using 1 tablespoon (15 mL) daily. May consume up to 3 tablespoons per day, once tolerance is reached. Excessive consumption may cause digestive discomfort.

USAGE WARNING: SR® Organic MCT Oil will react with certain plastics, including foam cups, and should only be used with utensils and containers made of metal, glass, ceramic or safe HDPE/PET plastics.

CAUTION: KEEP OUT OF REACH OF CHILDREN AND PETS. Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have diagnosed medical conditions, or are taking prescription medications. Do not exceed recommended daily intake. Do not use if seal is missing or damaged. Not recommended for use in frying due to relatively low smoke point (<320°F).