RECOMMENDED USE:

Take 1 capsule twice a day or 2 capsules before bed. Do not exceed 2 capsules a day.

WARNINGS: Do not use if safety seal is broken. If you are pregnant, nursing, taking any medications or have a medical condition, please consult your physician before taking any dietary supplement. Store at room temperature.

Keep out of reach of children.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose treat, cure or prevent any disease.





Extra Strength

Anxiety & Stress Relief - Restful Sleep - Mood Boost *

Dietary supplement with L-Theanine, 5-HTP, B6, B12 and Magnesium

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving

%Daily Value 1-Theanine 400mg * 5-HTP (5-Hydroxytryptophan) 100mg B6 (as pyridoxal 5'-Phosphate) 10mg 588% B12 (as Methylcobalamin) 30mcg 1250%

*Daily value not established.

Magnesium (as Glycinate-Chelated) 100mg 24% Other Ingredients: Vegetable Capsule (HPMC), Rice Flour

Manufactured For: Age Immune, LLC New York, NY

Made in the USA ROOM ON SAME CO







