

Sequence

Multivitamin & Minerals for African American Women

Personalized Nutrition Based on Your Genetic Make-Up*

- » Added Magnesium to Support a Healthy Heart & Blood Pressure*
- » Promotes Immune Health*
- » Promotes Healthy Blood Flow*
- » Formulated with Vitamin D
- » Formula Patent Pending



Dietary Supplement
30 Tablets

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Supplement Facts

Serving Size: 1 Tablet

Servings per container: 30

Amount Per Serving		% Daily Value
Vitamin A (as Retinyl acetate)	1200 mcg RAE	133.33%
Vitamin C (as Ascorbic acid)	200 mg	222.22%
Vitamin D (as Cholecalciferol)	50 mcg	250%
Thiamine (as Thiamine mononitrate)	5 mg	416.66%
Riboflavin	2 mg	153.84%
Niacin (as Niacinamide)	14 mg NE	87.5%
Vitamin B6 (Pyridoxine HCl)	50 mg	2941.17%
Folate (as Folic acid)	1666.66 mcg DFE	416.66%
	(100 mcg Folic acid)	
Vitamin B12 (as Cyanocobalamin)	6 mcg	250%
Choline Bitartrate	10 mg	0.90%
Magnesium (as Magnesium oxide)	320 mg	76.19%
Zinc (as Zinc oxide)	15 mg	136.36%
Chromium (as Chromium picolinate)	60 mcg	171.42%
Potassium (as Potassium Chloride)	20 mg	0.425%
Lycopene	1 mg	†

†Daily Value not established

Other Ingredients: Dicalcium Phosphate Dihydrate, Microcrystalline cellulose, Stearic Acid, Silicon Dioxide, Croscarmellose Sodium, Magnesium Stearate, Pharmaceutical Glaze