Directions: Take one or more teaspoons daily. Makes a tasty addition to any food such as salad, soup, or vegetables. Also add to smoothies.

Black Seed Oil is a powerful monounsaturated oil complex, which supports the health of all cells, especially heart, arterial, and immune cells.* A natural source of thymoquinone, it's the most potent of all oils for supporting a healthy cardiac system and healthy blood pressure support and lung/bronchial support.* Black Seed Oil also supports a healthy digestive and immune response.* It's true, 100% cold-pressed Mediterranean black seed oil. Black Seed Oil is a natural source of sterols, sterolins, melanin, plus omega-6s, and omega-9s.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



FRESHLY COLD-PRESSED

Black Seed Oil

Cardiovascular, Immune & Digestive Support*

8 FL. OZ. (240 ML)

Dietary Supplement

DOCTOR'S FORMULA

Supplements Facts

Serving Size: 1 tsp (5g) Servings Per Container: 48

Amount Per Serving	% Daily Value
Calories 45	
Total Fat 5g	7.5%*
Saturated Fat 1g	5%*
Trans Fat 0g	0%
Nigella Sativa (seed) Oil 5g	t
Thymoquinone 40mg	t
Omega-6 2.75g	t
Omega-9 1.3g	t

*Percent daily values are based on a 2,000 calorie diet †Daily value not established

Ingredients: 100% cold-pressed extra virgin black seed (*Nigella sativa*) oil, also known as black cumin oil.

Guaranteed Non-GMO

Mfd. for Physician's Strength, 13900 W. Polo Trail Drive Lake Forest, IL 60045 1-800-243-5242



