

AVANTERA



+ **elevate**

clear the fog
30 Servings | 60 Capsules

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving	%Daily Value	
Avantera Mood and Gut Health Blend*	355 mg	†
Turmeric Extract (<i>Curcuma longa</i>) (rhizome), Organic Lion's Mane (<i>Hericum erinaceus</i>) (fruiting bodies), BioPerine® Black Pepper Extract (fruit)‡		
Bacopa Extract (<i>Bacopa monnieri</i>) (herb)	300 mg	†
Bacosides	150 mg	†
Avantera Focus & Energy Blend*	295 mg	†
Citicoline Sodium Salt (CDP Choline), Suntheanine® L-Theanine‡, Caffeine (from Green Tea Leaf Extract) (45 mg)		
†Daily value not established		

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), rice flour, and magnesium stearate.

‡ BioPerine® is a registered trademark of Sabinsa Corporation.

‡‡ Suntheanine® is a registered trademark of Taiyo International, Inc.