

**Experience the difference 1 tablet per day makes:**

‡Clinically Proven Absorption: Vitamins D, B2, B5, folate, calcium, iron & zinc

- Provides nutritional support for bone health and supports immune health with zinc\*
- Promotes energy with potent B vitamins\*
- Supports healthy, red blood cells and nerve cell protection\*
- Nourishes your body for brain health\*
- The Enzyme and Probiotic Blend includes digestive enzymes to aid in breaking down foods\*

**SUGGESTED USAGE:** Take one tablet per day, with or between meals.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**KEEP OUT OF REACH OF CHILDREN:** Consult your physician prior to using this or any product if you are pregnant, nursing, taking any medication or have a medical condition.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Contains NO:** Tree nuts, peanuts, eggs, fish, or shellfish.

**Eco Guard™ Packaging**  
Bottle made from 100% recycled material\*  
\*excluding colorant

**vitamin angels®**  
PROUD SUPPORTER

**ACTUAL SIZE  
TABLET**



## Women's One Multivitamin

Rainbow Superfoods Blend & Probiotics



**Supports Immune, Bone & Brain Health\***



Vegetarian

**150 Tablets | Multivitamin Supplement**

### Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 150

|                                                            | Amount Per Serving | % DV  |                                                                                                                                                                                                                                                                                                                                                                        | Amount Per Serving | % DV |
|------------------------------------------------------------|--------------------|-------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------|
| Vitamin A (as beta-carotene)                               | 1800 mcg           | 200%  | Copper (as copper amino acid chelate)                                                                                                                                                                                                                                                                                                                                  | 0.9 mg             | 100% |
| Vitamin C (ascorbic acid)                                  | 60 mg              | 67%   | Manganese (as manganese citrate)                                                                                                                                                                                                                                                                                                                                       | 2.3 mg             | 100% |
| Vitamin D (as cholecalciferol)                             | 50 mcg             | 250%  | Molybdenum (as molybdenum amino acid chelate)                                                                                                                                                                                                                                                                                                                          | 45 mcg             | 100% |
| Vitamin E (as d-alpha-tocopheryl succinate)                | 15 mg              | 100%  | <b>Women's Nourishing Blend</b>                                                                                                                                                                                                                                                                                                                                        | 91 mg              | †    |
| Vitamin K (as phytonadione)                                | 120 mcg            | 100%  | Organic chlorella, grape (whole fruit) extract, organic pomegranate (fruit) juice powder, lutein                                                                                                                                                                                                                                                                       |                    |      |
| Thiamin (as thiamin mononitrate)                           | 20 mg              | 1667% | <b>Organic Rainbow Superfoods Blend</b>                                                                                                                                                                                                                                                                                                                                | 80 mg              | †    |
| Riboflavin (vitamin B2)                                    | 20 mg              | 1538% | Organic spirulina, organic beet (root), organic broccoli (plant), organic kale (leaf), organic spinach (leaf), organic blackberry (fruit), organic blueberry (fruit), organic carrot (root), organic cranberry (fruit)                                                                                                                                                 |                    |      |
| Niacin (as niacinamide)                                    | 20 mg              | 125%  | <b>Enzyme and Probiotic Blend</b>                                                                                                                                                                                                                                                                                                                                      | 33 mg              | †    |
| Vitamin B6 (as pyridoxine hydrochloride)                   | 20 mg              | 1176% | Ginger (root) juice extract, amylase (180 DU†), protease (720 HU†), xylanase (96 XU†), maltase (5 DP†), glucoamylase (1 AGU†), hemicellulase (738 HCU†), beta-glucanase (21 BGU†), phytase (0.1 FTU†), cellulase (29 CU†), alpha-galactosidase (5 GalU†), lipase (26 LIP†), lactase (8 ALU†), invertase (4 SU†), <i>Bacillus coagulans</i> MTCC 5856 (25 million CFU†) |                    |      |
| Vitamin B12 (as methylcobalamin)                           | 10 mcg             | 417%  | Citrus (fruit) bioflavonoids                                                                                                                                                                                                                                                                                                                                           | 25 mg              | †    |
| Biotin                                                     | 30 mcg             | 100%  | Inositol                                                                                                                                                                                                                                                                                                                                                               | 20 mg              | †    |
| Pantothenic Acid (as calcium pantothenate)                 | 13 mg              | 260%  | Boron (as boron glycinate)                                                                                                                                                                                                                                                                                                                                             | 1 mg               | †    |
| Choline (as choline bitartrate)                            | 55 mg              | 10%   |                                                                                                                                                                                                                                                                                                                                                                        |                    |      |
| Calcium (from mineral-rich red algae)                      | 100 mg             | 8%    |                                                                                                                                                                                                                                                                                                                                                                        |                    |      |
| Iron (as iron amino acid chelate)                          | 6 mg               | 33%   |                                                                                                                                                                                                                                                                                                                                                                        |                    |      |
| Iodine (from inactivated <i>Saccharomyces cerevisiae</i> ) | 150 mcg            | 100%  |                                                                                                                                                                                                                                                                                                                                                                        |                    |      |
| Magnesium (as marine magnesium extract from sea water)     | 100 mg             | 24%   |                                                                                                                                                                                                                                                                                                                                                                        |                    |      |
| Zinc (as zinc citrate)                                     | 11 mg              | 100%  |                                                                                                                                                                                                                                                                                                                                                                        |                    |      |
| Selenium (as selenomethionine)                             | 55 mcg             | 100%  |                                                                                                                                                                                                                                                                                                                                                                        |                    |      |

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, coating (hydroxypropyl cellulose, hydroxypropyl methylcellulose, Contains milk, soy, and wheat traces from enzyme fermentation media).

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