Schiff® Vitamin B Complex – B Vitamins are required for many reactions in the body, especially the breakdown of foods into energy. Adequate B vitamin levels promote healthy maintenance of body tissues.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.

GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

GUARANTEED for purity, freshness and labeled potency.

Schiff® SURE DISSOLVE tablets are formulated to disintegrate within one hour.

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Schiff®

OVER 70 YEARS OF GUARANTEED QUALITY 70

VIGOR & VITALITY

SURE DISSOLVE

Vitamin B Complex 50

Assists in the Release of Energy from Foods

QUALITY HERITAGE TRUST

DIETARY SUPPLEMENT 100 Softgels

Directions: For best results, take one (1) softgel daily.

Supplement Facts

Serving Size One (1) Softgel

Amount Per Serving		% Daily Value*
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%
Vitamin B1 (as thiamin mononitrate)	50 mg	3333%
Vitamin B2 (as riboflavin)	50 mg	2941%
Vitamin B3 (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
PABA (para-aminobenzoic acid)	5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet
** Daily Value not established

Other ingredients: Soybean oil, softgel (gelatin, glycerin, water, sorbitol and caramel color), yellow beeswax, rice bran oil, soy lecithin, palm oil, and sulfur dioxide (sulfiting agent).

Contains soy.

Distributed by: **SCHIFF NUTRITION GROUP, INC.**
SALT LAKE CITY, UT 84104 USA
For more information call: **1-800-526-6251** (8am-5pm MST M–F)
www.schiffvitamins.com

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